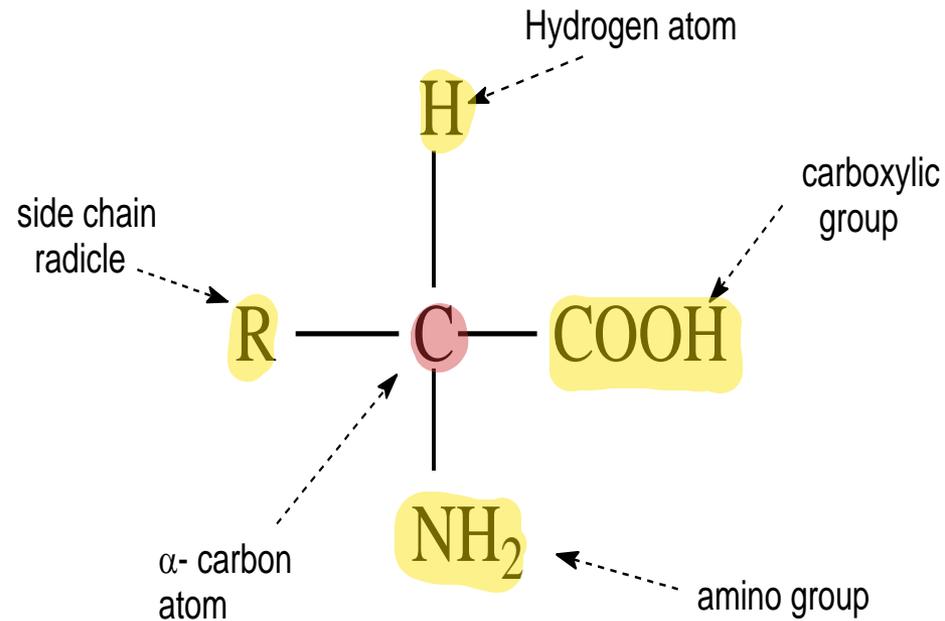


Protein metabolism

Proteins

- ❑ **Nitrogen** is a characteristic component of proteins forming about **16%** of their weight i.e. 100 g of protein contains 16 g of nitrogen.
- ❑ Proteins are not stored in body as such
لما يحزن البروتينات بالجسم
- ❑ **Amino acids** are **degraded by deamination** to **ammonia** and **α -ketoacid**
لما نزع الأمين
- ❑ **Ammonia** is used to **produce urea** and **excreted in urine** → just in liver
- ❑ **α -ketoacid** can be metabolized to **CO_2** and **water**, **glucose**, **fatty acid** or **ketone bodies**
→ in the same time

- ❑ **L-a-Amino acids** are the structural or the building units of proteins
- ❑ The common amino acids have the general structure depicted in the following figure:



Representation of α Amino Acid

Abbreviations for the 20 Amino Acids

Amino Acid	Abbreviation		Amino Acid	Abbreviation	
	Three letter	One letter		Three letter	One letter
Alanine → smallest	Ala	A	Leucine	Leu	L
Arginine	Arg	R	Lysine	Lys	K
Asparagine	Asn	N	Methionine	Met	M
Aspartic acid	Asp	D	Phenylalanine	Phe	F
Cysteine	Cys	C	Proline → cyclic	Pro	P
Glycine H نين	Gly	G	Serine	Ser	S
Glutamine	Gln	Q aromatic	Threonine → OH group	Thr	T
Glutamic acid	Glu	E	Tryptophan	Trp	W
Histidine → aromatic	His	H	Tyrosine	Tyr	Y
Isoleucine	Ile	I	Valine	Val	V

بلازق basic

بلازق basic

acidic amino acid

aromatic

OH group

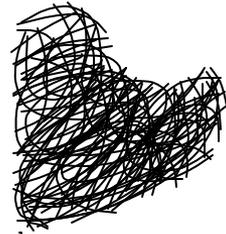
Metabolic Classification of Amino Acids

Glucogenic amino acids: → convert to glucose

AA that can yield pyruvate, oxaloacetate, α -ketoglutarate, Succinyl-CoA, fumarate

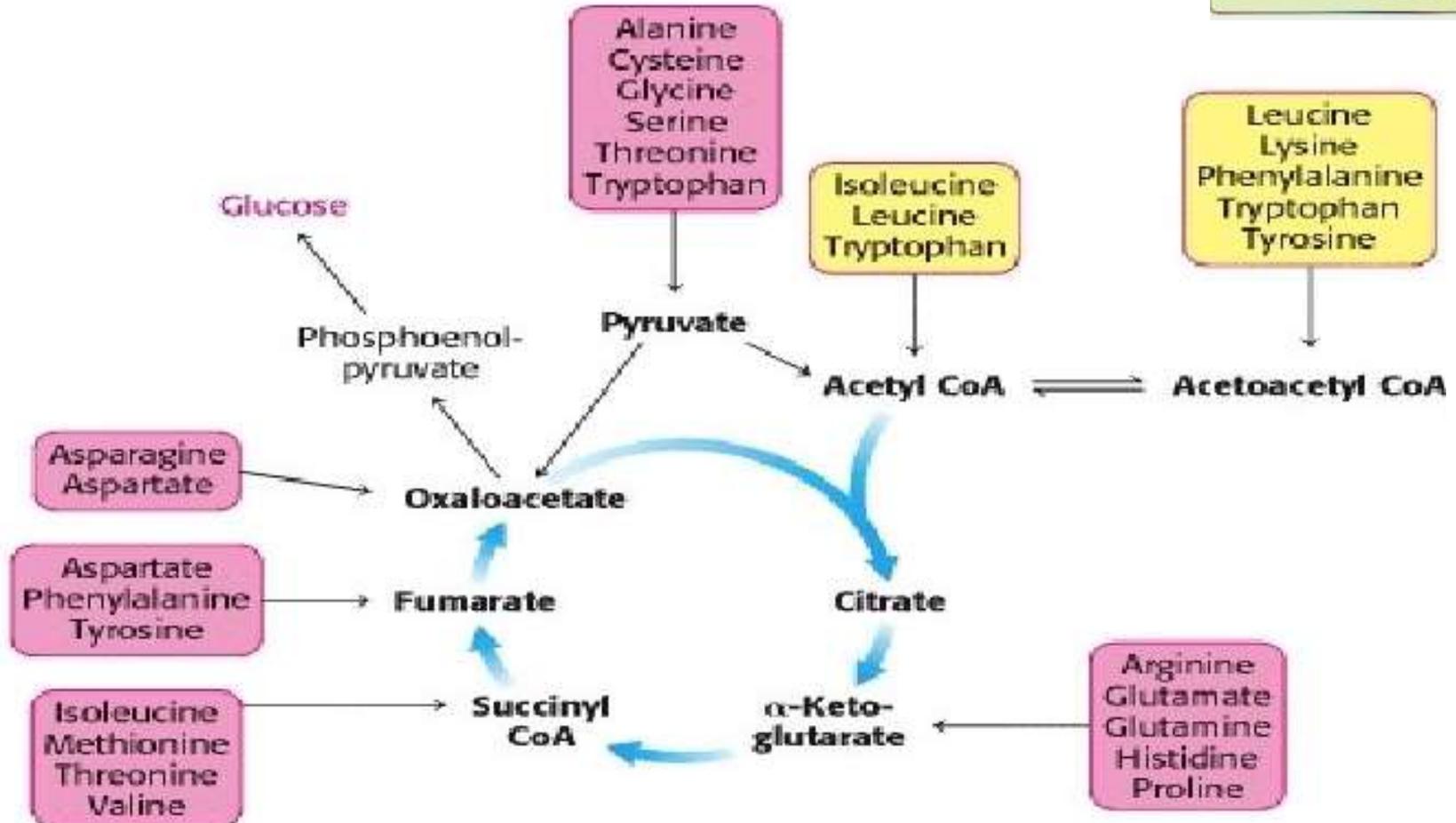
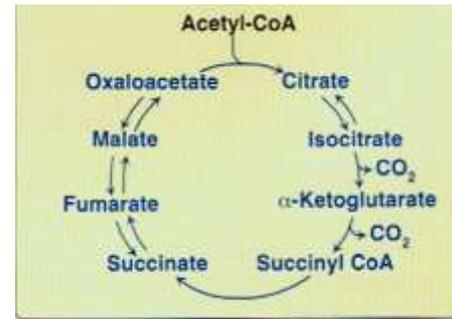
Ketogenic amino acids: → convert to ketone body

AA that can form acetyl-coA, acetoacetyl CoA or β -hydroxybutyrate.



	Glucogenic	Glucogenic and Ketogenic	Ketogenic
Nonessential	Alanine Arginine Asparagine Aspartate Cysteine Glutamate Glutamine Glycine Proline Serine GPs	Tyrosine	
Essential	Histidine Methionine Threonine Valine	Isoleucine Phenylalanine Tryptophan	Leucine Lysine

Glucogenic and ketogenic amino acids



Amino acid metabolism

□ Amino acid pool: مخزون

- There is about 12 kg of protein in 70 kg man
- 75% of aa are used in synthesis of new tissue proteins
- The remainder is used as precursor for synthesis of many substances → such as neurotransmitter

□ Protein turnover: تفكيك البروتينات القديمة والتآلفه بـ aa →

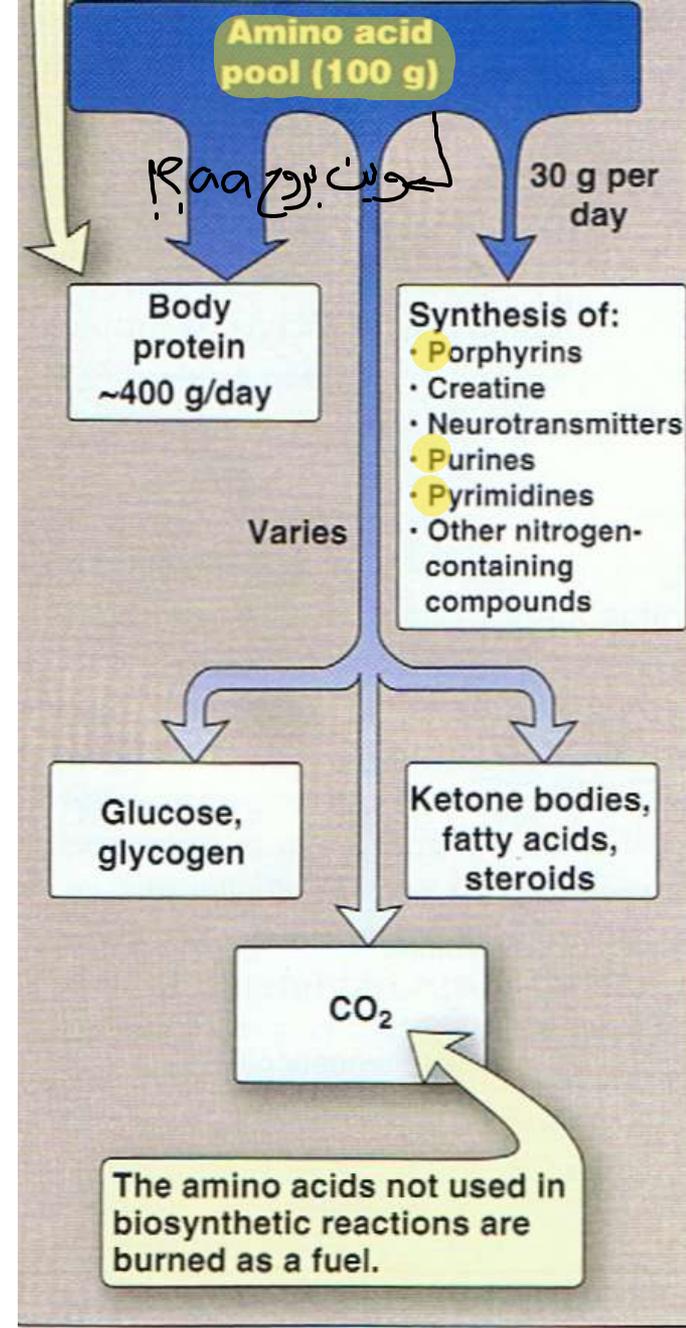
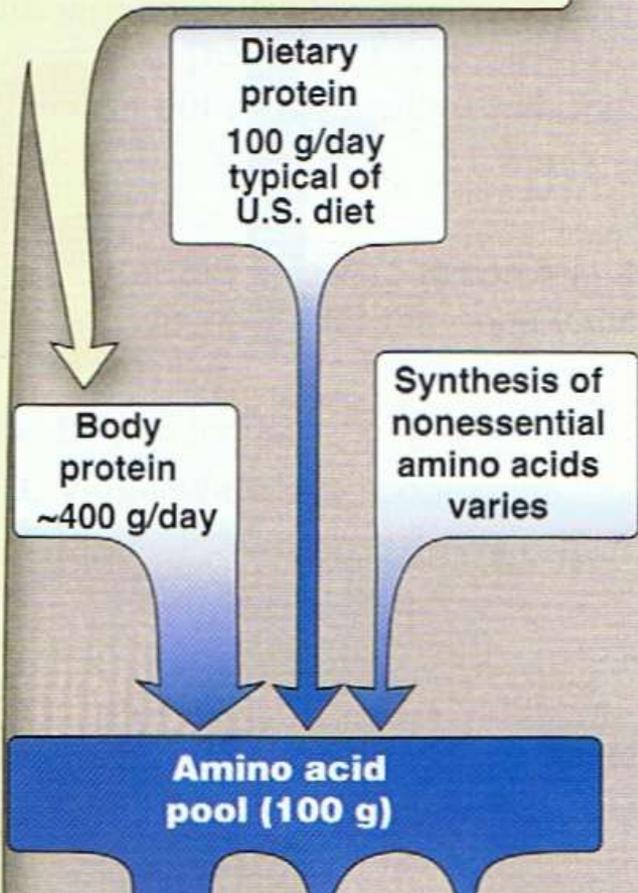
- Proteins are constantly degraded and synthesized which is regulated by the concentration of protein in the cell
- 300-400 g of proteins are hydrolyzed and resynthesized/day
- Protein turnover varies: short lived (regulatory and misfolded proteins), long-lived (most of tissue proteins) and structurally stable (collagen)

بروتينات طويلة بشكل خاص

TURNOVER

Protein turnover results from the simultaneous synthesis and degradation of protein molecules. In **healthy adults**, the **total amount of protein** in the body remains **constant** because the rate of protein synthesis is just sufficient to replace the protein that is degraded.

→ degradation = synthesis



Nitrogen Balance

- **Positive Nitrogen Balance means N2 intake is more than N2 output:**

لـ في حالة بناء الأنسجة جديدة

- This exists when **intake of N2 exceeds the output**. It **occurs whenever new tissues are being built up** for example:

1- During growth (growing children).

2- Pregnancy.

3- Muscular training. → بناء عضلات

4- Convulsions from different diseases.

Nitrogen Balance

B. Negative Nitrogen Balance: N_2 Output is more than N_2 intake:

لے بھیر بسبب أفراض أو صيام أو حمية شديدة

□ It occurs in cases of :

1- Decreased protein intake: e.g. starvation, malnutrition and G.I.T. diseases.

جوع سوء تغذية

2- Increased Loss of proteins: e.g. in chronic hemorrhage, albuminuria and Lactation on an **inadequate** protein diet.

لر ضاعة

3- Increased of protein catabolism: e.g. fever, hyperthyroidism, diabetes mellitus, Cushing syndrome, advanced cancer and post-surgical.

لے كاسر بحال حتمية

□ Prolonged periods of negative nitrogen balance are **dangerous** and **may lead to death**.

لے إي نقص يوڈي إلى عدم تصنيع البروتينات

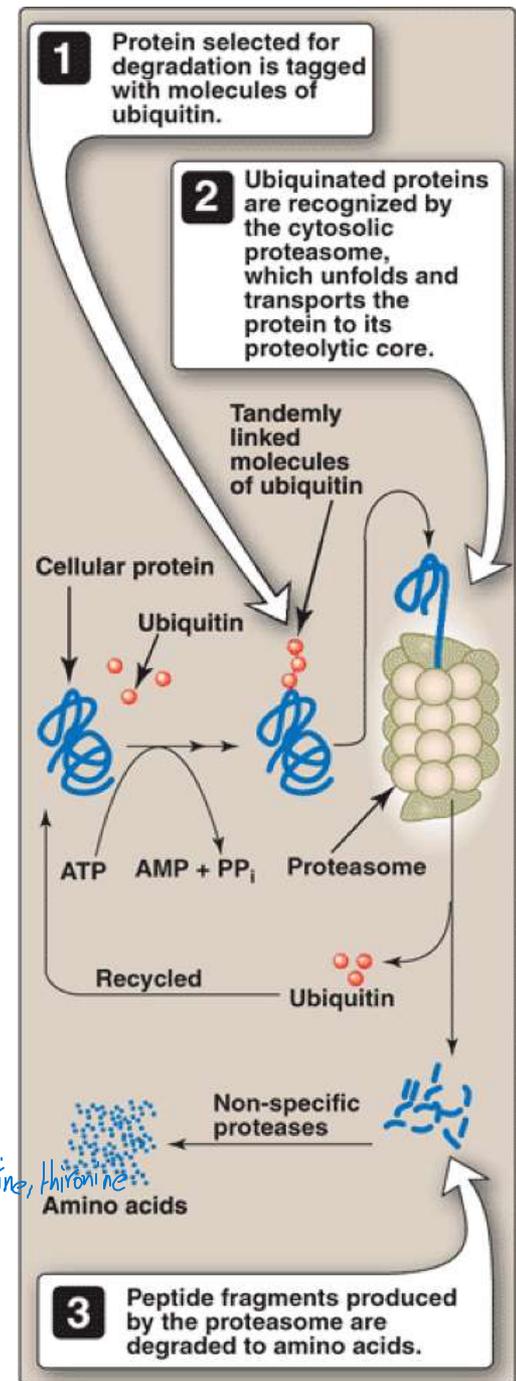
يوڈي إلى الوفاة

Protein metabolism

- ❑ Protein degradation occurs by:
 - ❑ energy dependent ubiquitin-proteasome mechanism (**endogenous proteins**)
 - ❑ non-energy dependent lysosomes (**extracellular protein**)
- ❑ Oxidized or ubiquitin tagged proteins are preferentially degraded
- ❑ Certain aa sequences:
 - ❑ **Serine (S) at N-terminal**: long $t_{1/2}$ (>20 hr)
 - ❑ **Aspartate (D) at N-terminal**: short $t_{1/2}$ (3 min)
 - ❑ Proteins rich in the sequence (PEST) are rapidly degraded → half life short

→ تتحلل بشكل كامل

→ proline, glutamate, serine, threonine



Digestion of proteins

→ as injection in blood

- **protein is antigenic** i.e. able to stimulate an immunologic response. The **digestion of protein destroys its antigenicity**. So, proteins must be digested into amino acids:

1) In the stomach :

A- gastric acid: denature the protein → at low ph

B- Pepsin: is the major proteolytic enzyme in the stomach :

← هو اول إنزيم يبلى هضم

- Pepsin is produced and secreted by the **chief cells** of the stomach as the **inactive zymogen, pepsinogen**, which **activated by HCl** produced by **parietal cells of stomach**.

↳ increase secretion when eat

- Pepsin catalyzes the **cleavage of proteins into smaller polypeptides**.

2) in small intestine: **large polypeptides** are further cleaved to **oligopeptides** and **amino acids** by a group of pancreatic proteases.

Each of these enzymes has a different specificity (**trypsin cleaves only at C-terminal of arginine or lysine**).

Activation of zymogens: **Enteropeptidase** converts the pancreatic trypsinogen to **trypsin** which starts a cascade of proteolytic activity, because **trypsin is the activator of all the pancreatic zymogens**

← بيل تنشط باقي الإنزيمات pancreases

Digestion of proteins

Abnormalities in protein digestion:

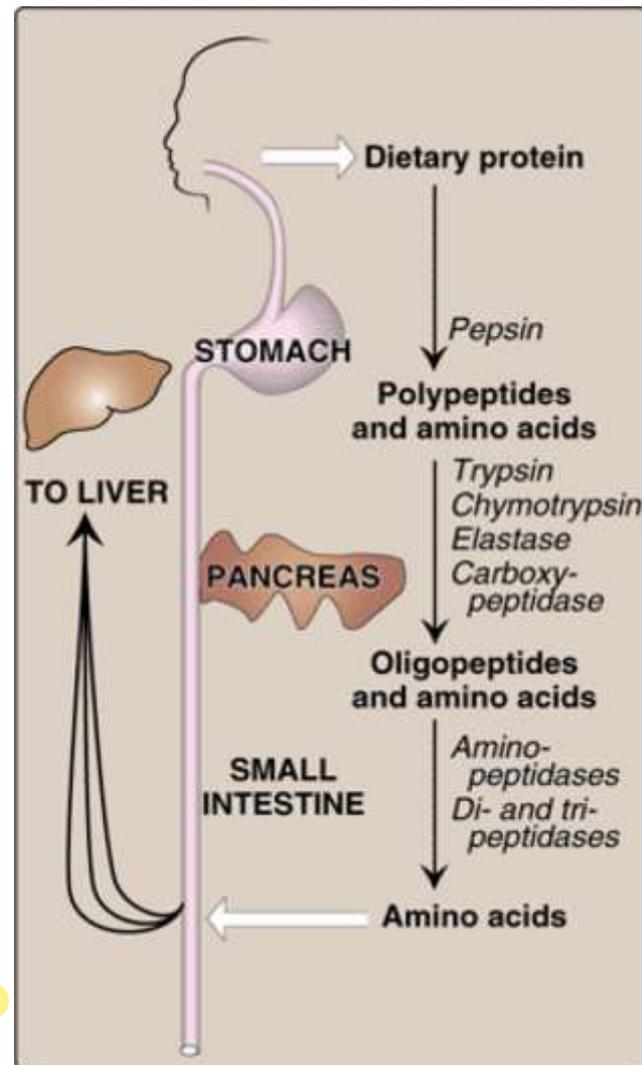
❑ In individuals with a **deficiency in pancreatic secretion** (chronic pancreatitis, cystic fibrosis, or surgical removal of the pancreas), the **digestion and absorption of fat and protein is incomplete.**

❑ This results in the **abnormal appearance of lipids (Steatorrhea) and undigested protein in the feces.**

العلاج يكون عن طريق كبسولات مفلطة/حماطة
بخشاء يزوب في الاغصاء اللدقيقة (ph=7) ، فيها إنزيمات

Digestion of oligopeptides by enzymes of the small intestine

❑ The luminal surface of the intestine contains **aminopeptidase** (an exopeptidase that repeatedly cleaves the **N-terminal residue of oligopeptides to produce free amino acids and smaller peptides.**



Absorption of amino acids and dipeptides

→ absorption by carrier

- ❑ Free amino acids and dipeptides are taken up by the intestinal epithelial cells.
↳ mono-peptide
- ❑ the dipeptides are hydrolyzed in the cytosol to amino acids before being released into the portal system (only free amino acids are found in the portal vein)
- ❑ The absorption of amino acid is active process that needs energy (ATP).

↳ active transport

Transport of aa to the cells

- ❑ Amino acids are transported to the cells by **active transport systems**, driven by the hydrolysis of ATP
- ❑ At least **seven different transport systems** are known that have overlapping specificities for different amino acids.
- ❑ For example, one transport system is responsible for reabsorption of the amino acids **cystine**, **ornithine**, **arginine**, and **lysine** in **kidney tubules**.

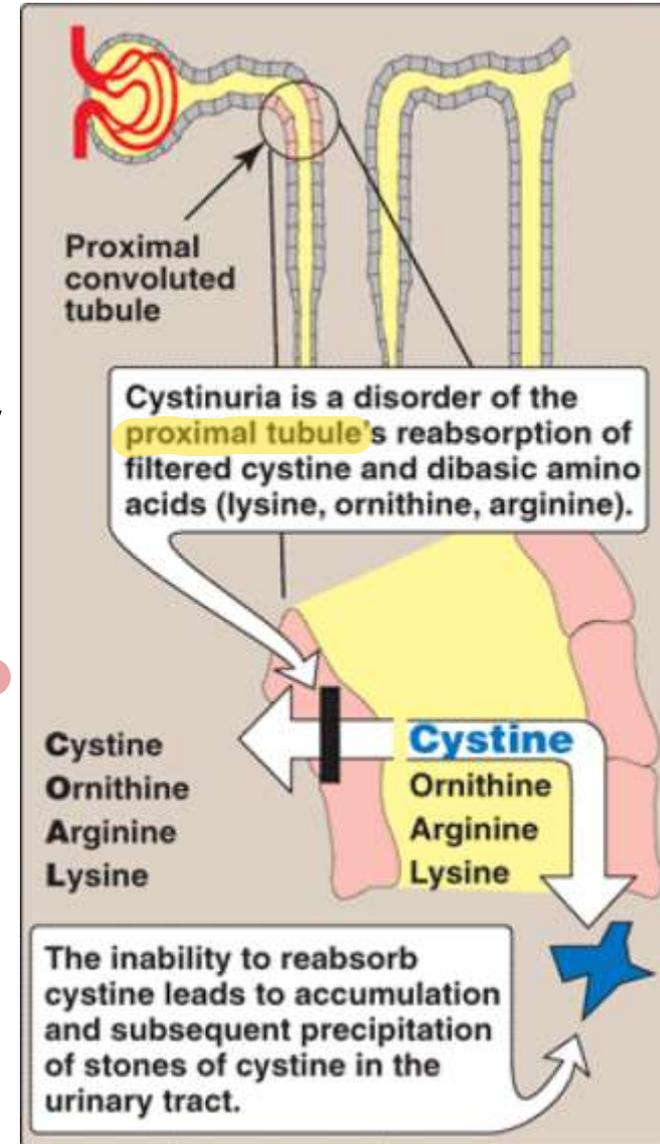
active transport → need ATP

↳ low solubility → accumulation → حص في الكلى → العلاج شرب
صا كثير

Cystinuria

- ❑ In the inherited disorder **cystinuria**, this carrier system is defective, resulting in the appearance of all four amino acids in the urine.
- ❑ Cystinuria is the most common genetic error of amino acid transport.
- ❑ The disease expresses itself clinically by the precipitation of cystine to form kidney stones (calculi) that may block the urinary tract.
- ❑ Oral hydration is important in treatment for this disorder

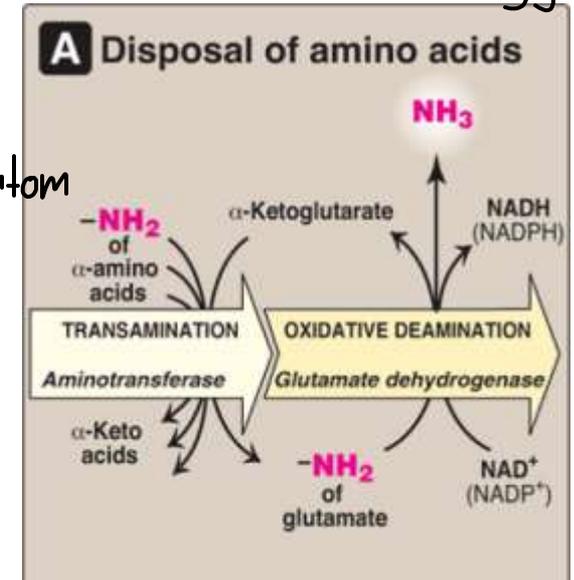
شرب ماء



Metabolism of amino acids \rightarrow as source of energy

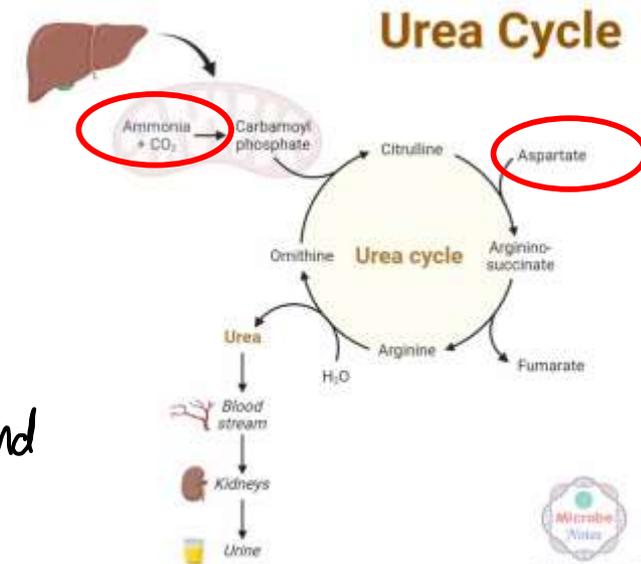
\hookrightarrow inside the cells

1. Transamination (by aminotransferases) \rightarrow removal of nitrogen atom from amino acid
2. Oxidative deamination of amino acids \rightarrow removal of nitrogen from aa (NH_3)



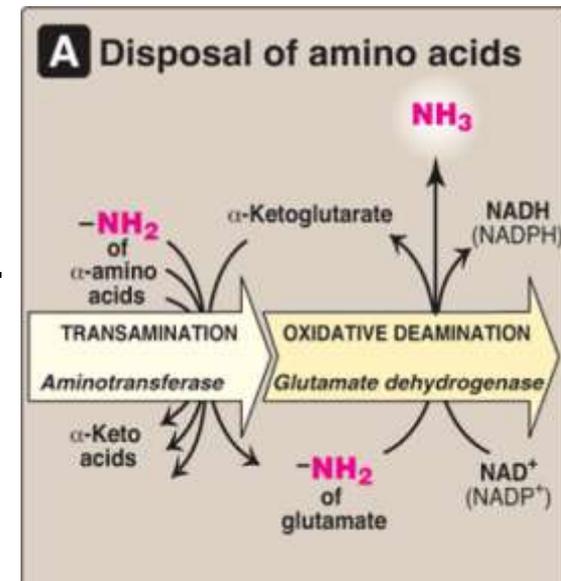
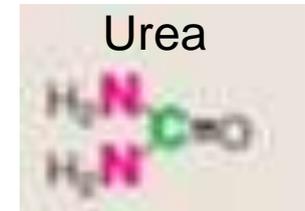
3. Transport of ammonia from tissues to the liver and hyperammonemia

4. Urea cycle. \rightarrow ammonia convert to urea and excretion in urine



Transamination and oxidative deamination: removal of nitrogen from aa

- ❑ Removing the α -amino group is essential for producing energy from any amino acid
- ❑ Transamination and oxidative deamination reactions which provide ammonia and aspartate, the two sources of urea nitrogen
- ❑ The first step is transfer their α -amino group to α -ketoglutarate to produce an α -ketoacid and glutamate.
- ❑ *→ two parts* Glutamate produced by transamination can be oxidatively deaminated or used as an amino group donor in the synthesis of nonessential amino acids.



A) Transamination → in cytosole

- ❑ The transfer of amino groups from one carbon skeleton to another is catalyzed by a family of enzymes called **aminotransferases**.
- ❑ These enzymes are found in the cytosol of cells throughout the body (especially the liver, kidney, intestine, and muscle).
- ❑ All amino acids (except lysine and threonine) participate in transamination at some point in their catabolism.
- ❑ Lysine and threonine lose their α -amino groups by deamination

لثمين

(Transamination) ← باقى اى عبارة عن

Aminotransferases

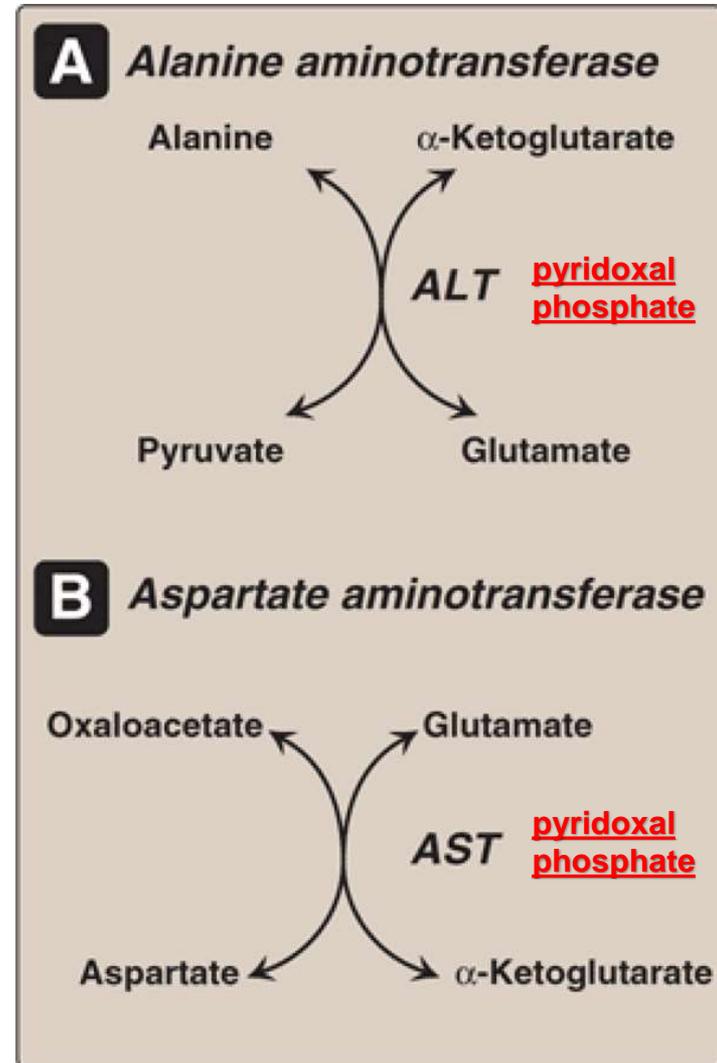
- Each aminotransferase is specific for **one** or, **at most**, a few amino group donors and **named after that enzyme**

↓ متخلفة لناقل أوتامين والتسمية حسب الـ بـ لـ بـ حـ الأمين

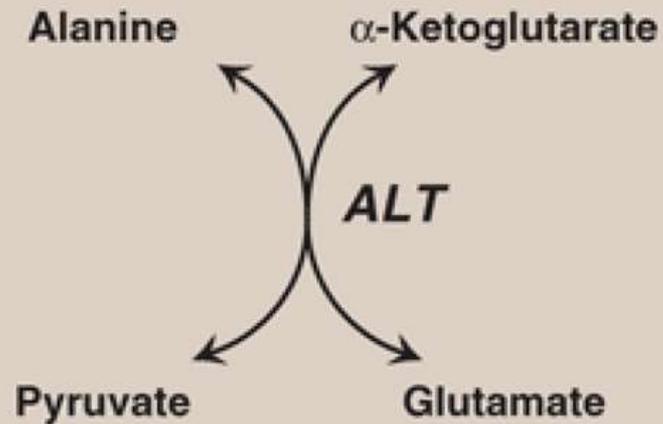
- Alanine aminotransferase (ALT)**: enzyme catalyzes **(reversibly)** the transfer of the amino group of alanine to α -ketoglutarate, resulting in the **formation of pyruvate and glutamate**.

- Aspartate aminotransferase (AST)** is During amino acid catabolism, AST transfers amino groups from glutamate to oxaloacetate, **forming aspartate**, which is used as a source of nitrogen in the urea cycle

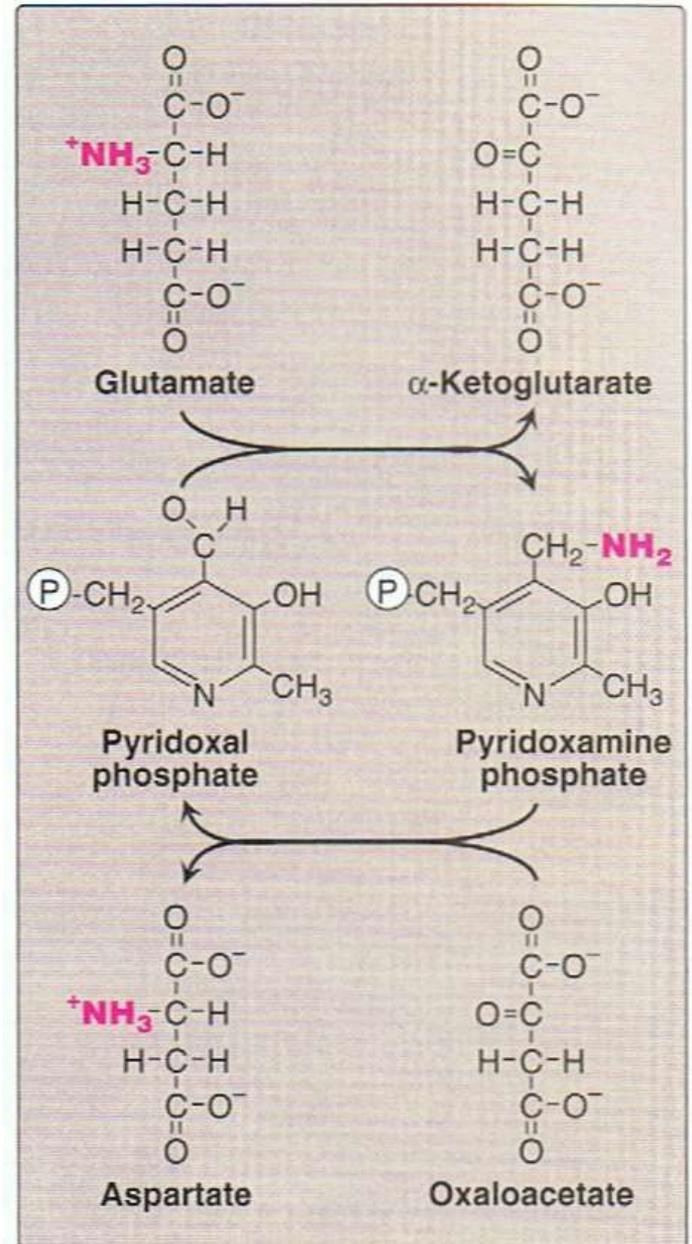
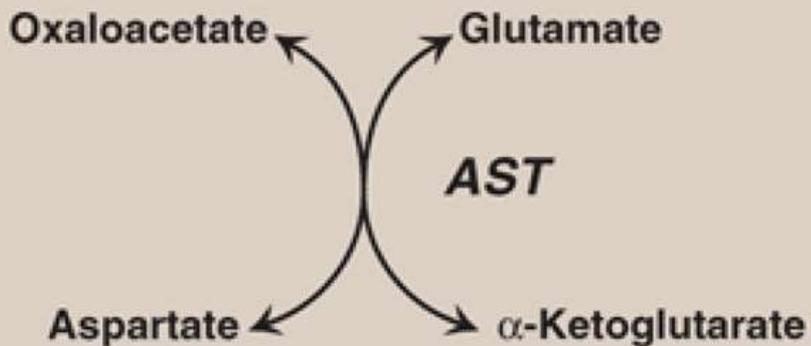
- All aminotransferases require the coenzyme **pyridoxal phosphate (vitamin B6)**



A Alanine aminotransferase



B Aspartate aminotransferase



Diagnostic value of plasma aminotransferases

- ❑ Aminotransferases are normally **intracellular enzymes**, (**low levels in the plasma**)
- ❑ The presence of **elevated** plasma levels of aminotransferases indicates **damage to cells rich in these enzymes**. Two aminotransferases (AST and ALT) are of particular diagnostic value when they are found in the plasma.
 ← عدم تطابق aa
 ← بكميات قليلة بسبب (turn over) ← تجديده
- a. **hepatic disease**: Plasma **AST and ALT** are elevated in nearly all liver diseases, specially in extensive cell necrosis (**severe viral hepatitis, toxic injury, and prolonged circulatory collapse**).

Elevated serum bilirubin results from hepatocellular damage that decreases the hepatic conjugation and excretion of bilirubin

- b. **Nonhepatic disease**: Aminotransferases may be elevated in nonhepatic disease (**myocardial infarction and muscle disorders**) but those can be clinically distinguished.
 → AST elevated

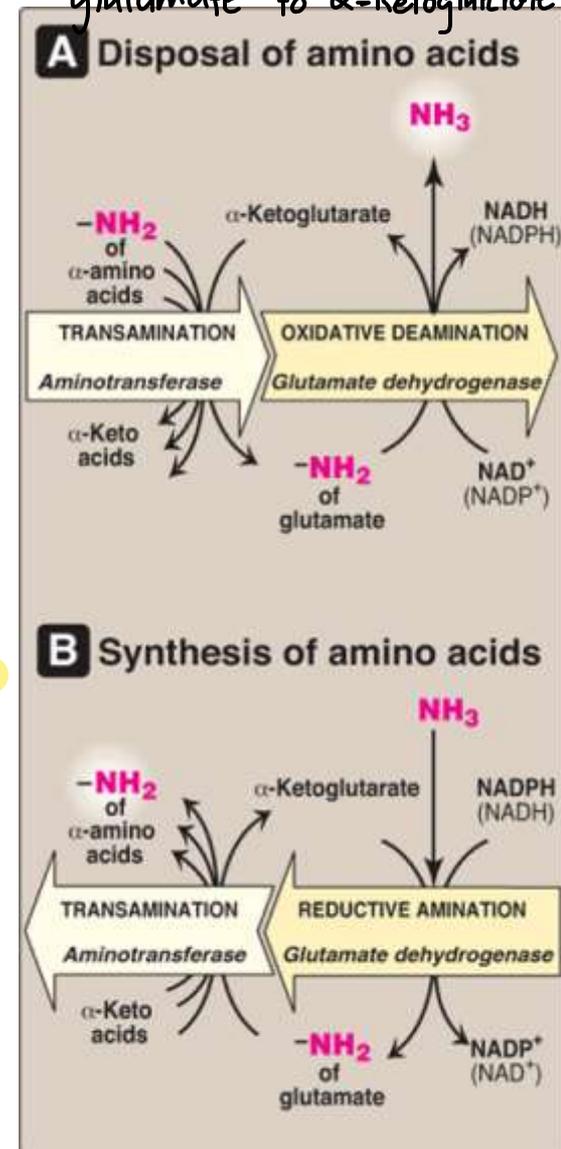
B) Oxidative deamination of amino acids

Glutamate Dehydrogenase

→ deamination for glutamate to α -Ketoglutarate

- It is the **transfer amino groups from glutamate**, oxidative **deamination**, by glutamate dehydrogenase results in the liberation of the **amino group as free ammonia**.
- occur primarily in the **liver and kidney**.
- Glutamate is unique** in that it is the **only amino acid** that **undergoes rapid oxidative deamination**
- Glutamate dehydrogenase can use either **NAD or NADP** as a coenzyme. **NAD is used primarily in oxidative deamination** and **NADPH is used in reductive amination**

urea cycle just in liver



Glutamate dehydrogenase

- ❑ The direction of the reaction depends on the relative concentrations of glutamate, α -ketoglutarate, and ammonia, and the ratio of oxidized to reduced coenzymes.
- ❑ After ingestion of a meal containing protein, glutamate levels in the liver are elevated and enhance amino acid degradation and the formation of ammonia
- ❑ The reaction can also be used to synthesize amino acids from the corresponding α -ketoacids
- ❑ ATP and GTP are allosteric inhibitors of glutamate dehydrogenase, whereas ADP and GDP are activators of the enzyme.

كل اللي أخذناهم فوف عبارة عن
L-amino acid

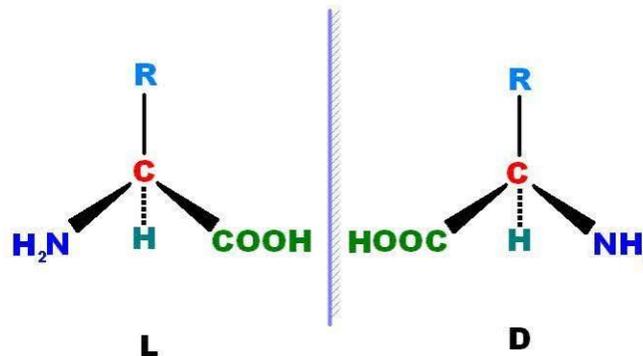
D-Amino acid oxidase

↳ decamination for D-amino acid

- D-Amino acids are present in the diet, and are efficiently metabolized by the liver using D-Amino acid oxidase (FAD-dependent enzyme) that catalyzes the oxidative deamination of these amino acid isomers.

→ from decamination D-amino acid

- The resulting α -ketoacids can enter the general pathways of amino acid metabolism, and be reaminated to L-isomers, or catabolized for energy.



دائمًا يكونوا من الدم ينقلهم
← دائما يكونوا من الدم ينقلهم
متعادلين

C) Transport of ammonia from tissues to the liver

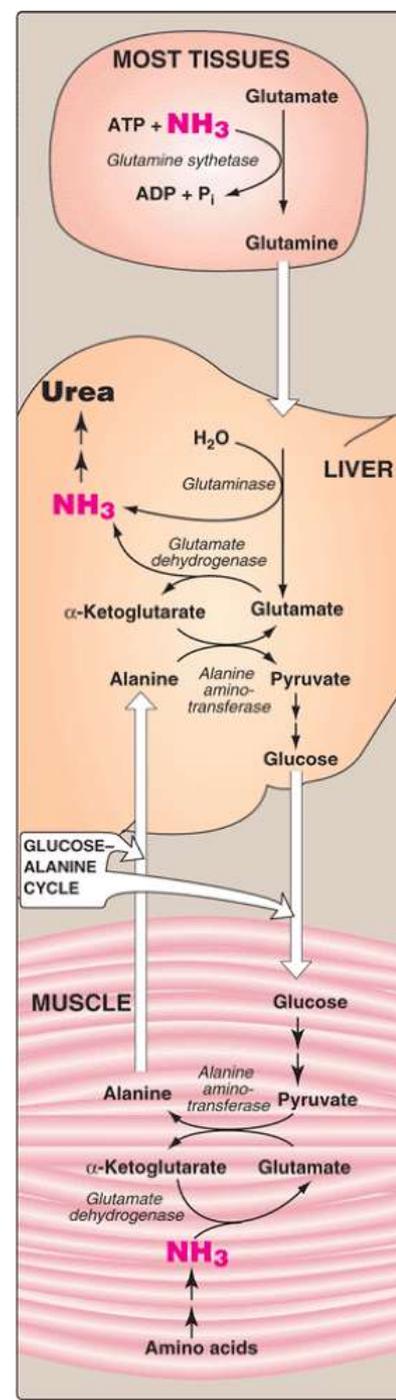
There are two mechanisms:

found in most tissues, uses glutamine synthetase to combine ammonia with glutamate to form glutamine (a nontoxic transport form of ammonia) → متعادل

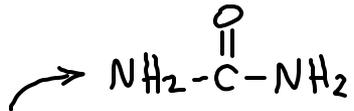
The glutamine is transported in the blood to the liver where is cleaved by glutaminase to produce glutamate and free ammonia

used primarily by muscle, involves transamination of pyruvate (the end-product of aerobic glycolysis) to form alanine → متعادل

Alanine is transported by the blood to the liver, where it is converted to pyruvate, again by transamination (pyruvate is used in gluconeogenesis). This pathway called the **glucose-alanine cycle**.



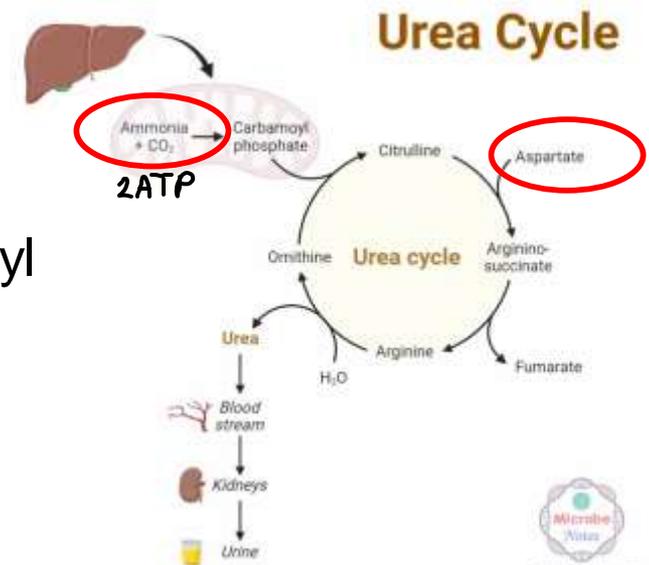
D) UREA CYCLE → in mitochondria and cytosole



- Urea is the major disposal form of amino groups derived from amino acids (90% of the nitrogen-containing components of urine).
- One nitrogen of the urea molecule is supplied by **free NH₃**, and the other nitrogen by **aspartate**, the carbon and oxygen of urea are derived from **CO₂**.
→ from metabolism process
- Urea is produced by the liver, and then is transported in the blood to the kidneys for excretion in the urine. by *Kidney*

□ Reactions of the cycle:

1. Formation of carbamoyl phosphate by carbamoyl phosphate synthetase I which requires 2 ATP. N-acetylglutamate is required as allosteric activator



UREA CYCLE

← ما يدخلوا بتصنيع البروتينات

2. Formation of citrulline: (Ornithine and citrulline) are basic amino acids that participate in the urea cycle (But not into cellular proteins, no codons). citrulline is transported to the cytosol. → just in urea cycle

↪ = N with aspartate

3. Citrulline condenses with aspartate to form argininosuccinate. The α -amino group of aspartate provides the second nitrogen that is ultimately incorporated into urea, which is driven by the cleavage of ATP to AMP and pyrophosphate (PPi).

↪ by lyase enzyme

4. Argininosuccinate is cleaved to yield arginine and fumarate. The arginine formed by this reaction serves as the immediate precursor of urea. Fumarate can reenter the TCA cycle

↪ just in liver

5. Cleavage of arginine to ornithine and urea by **arginase** occurs almost exclusively in the liver, whereas other tissues (kidney), can synthesize arginine by these reactions

UREA CYCLE

6. Fate of urea: Urea diffuses from the liver, and is transported in the blood to the kidneys, where it is filtered and excreted in the urine.

ملاحظة

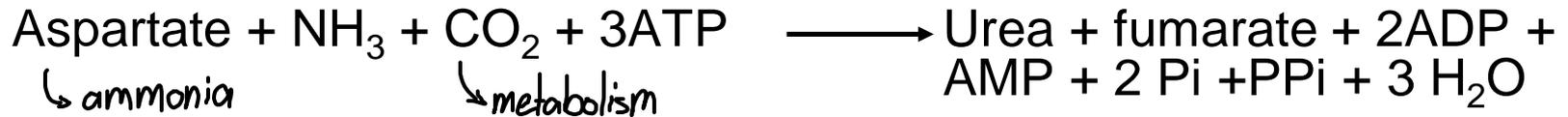
A portion of the urea diffuses from the blood into the intestine, and is cleaved to CO₂ and NH₃ by bacterial urease. This ammonia is partly lost in the feces and is partly reabsorbed into the blood.

In patients with kidney failure, plasma urea levels are elevated (hyperammonemia), promoting a greater transfer of urea from blood into the gut.

→ حوا يستغل بس بالأعضاء الدفيفة

Oral administration of **neomycin** reduces the number of intestinal bacteria responsible for this NH₃ production.

Overall stoichiometry of the urea cycle



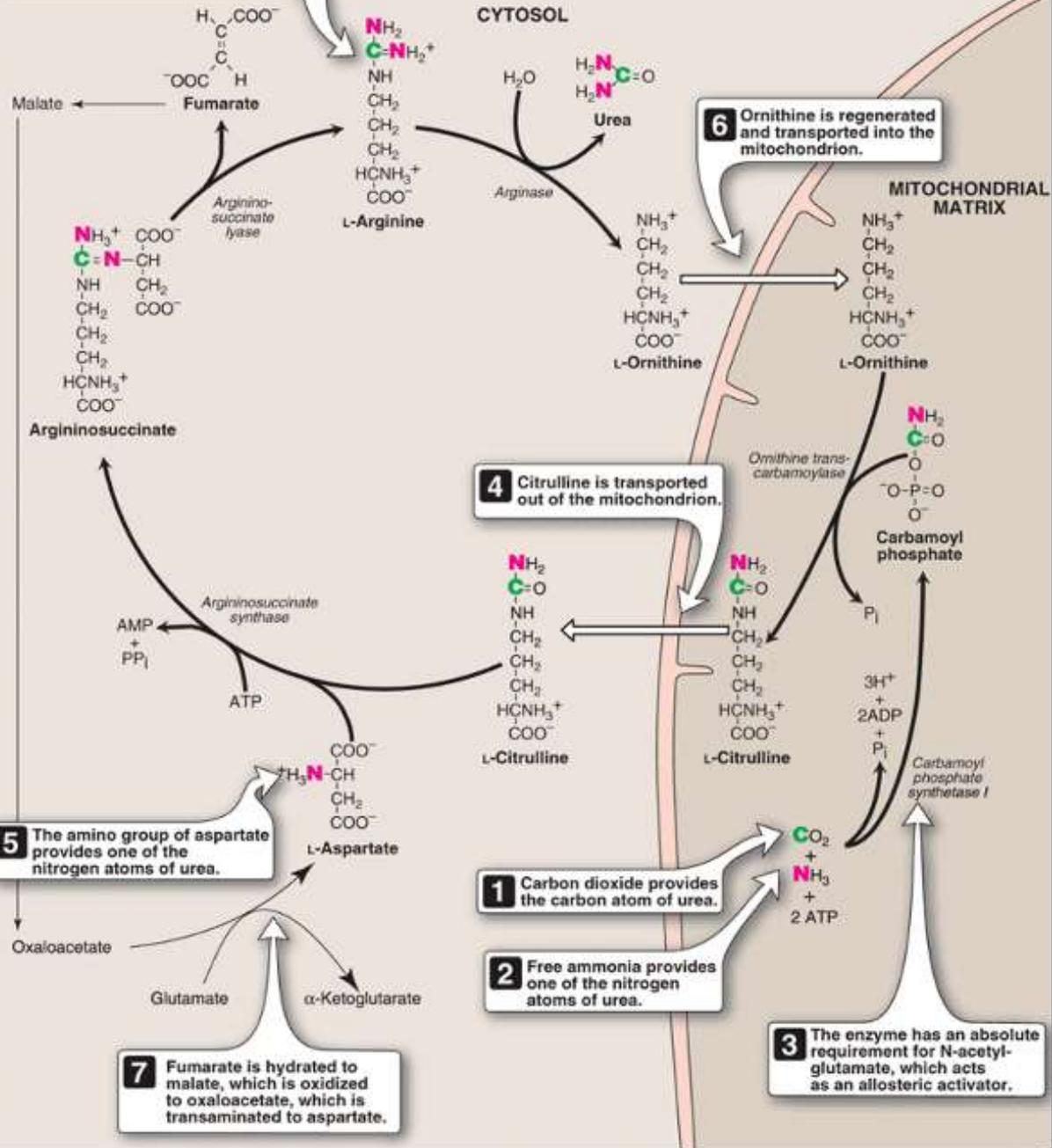
- the synthesis of urea is irreversible, with a large, negative ΔG .

\downarrow تلقائية

Regulation of the urea cycle

- N-Acetylglutamate is an essential activator for carbamoyl phosphate synthetase I (the rate-limiting step in the urea cycle) (synthesized from acetyl CoA and glutamate using arginine as an activator).
- the intrahepatic concentration of N-acetylglutamate increases after ingestion of a protein-rich meal, which provides both the substrate (glutamate) and the regulator of N-acetylglutamate synthesis.
- This leads to an increased rate of urea synthesis.

8 Tissues in addition to the liver use this pathway to make arginine.

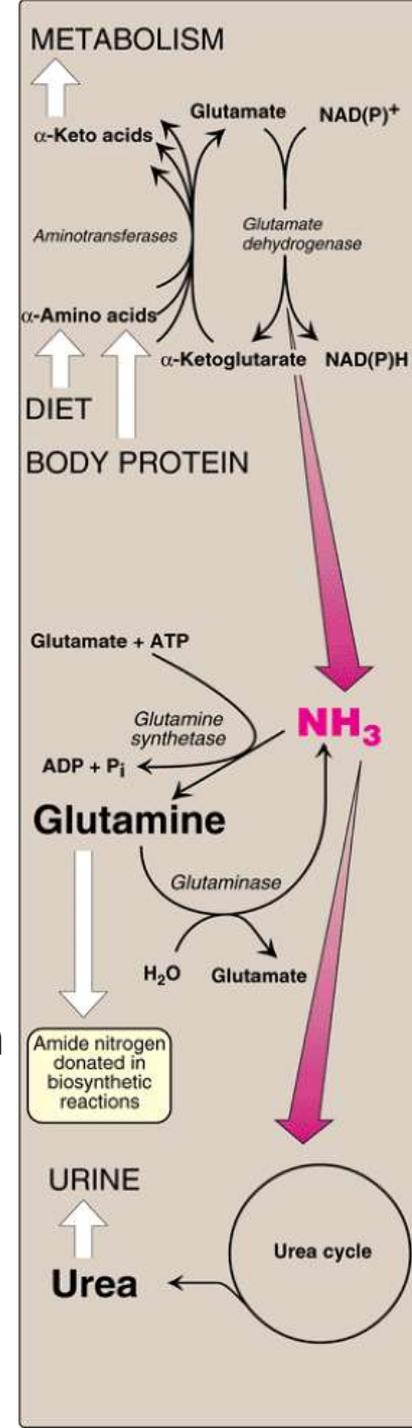


Metabolism of ammonia

- ❑ Slight increase in the concentration of urea in blood leads to hyperammonemia which is toxic to the CNS
- ❑ Sources of ammonia:
 - ❑ **From amino acids:** mainly in liver by the aminotransferase and glutamate dehydrogenase reactions
 - ❑ **From glutamine:** The kidneys form ammonia from glutamine by the action of renal glutaminase. Ammonia is also obtained from the hydrolysis of glutamine by intestinal glutaminase.
 - ❑ **From bacterial action in the intestine:** Ammonia is formed from urea by the action of bacterial urease in the lumen of the intestine.
 - ❑ **From amines:** Amines obtained from the diet, and monoamines that serve as hormones or neurotransmitters
 - ❑ **From the catabolism of purines and pyrimidines**

→ uric acid

→ ammonia



Transport of ammonia in circulation

← بالدم حابتنقل إلى أعضاء وإلها شحنة زحيم جلوداعين، الأئين ويوريا

- ❑ As **urea**: the most disposal form of ammonia which moves from liver to the kidney
- ❑ As **Glutamine**:
 - ❑ Occurs primarily in the muscle and liver and nervous system.
 - ❑ Circulating glutamine is removed by the kidneys and deaminated by glutaminase.

Hyperammonemia → defect in urea cycle

- ❑ when the liver function is compromised, due either to **genetic defects of the urea cycle**, or **liver disease**, **blood levels can rise above 1000 $\mu\text{mol/L}$** . → renal failure
- ❑ hyperammonemia is a medical emergency, because ammonia has a direct **neurotoxic** effect on the CNS (tremors, slurring of speech, somnolence, vomiting, cerebral edema, and blurring of vision). ← ذوم كبير
- ❑ At high concentrations, ammonia can **cause coma and death**.

Hyperammonemia

← حشمان في الكبد

❑ **Acquired hyperammonemia:** It may be due to viral hepatitis, ischemia, or hepatotoxins. Cirrhosis of the liver caused by alcoholism, hepatitis, or biliary obstruction may result in formation of collateral circulation around the liver.

← خلال في الانزيمات (urea cycle)

❑ **Hereditary hyperammonemia:** Genetic deficiencies of each of the five enzymes of the urea cycle had an overall prevalence estimated to be 1 in 30,000 live births.

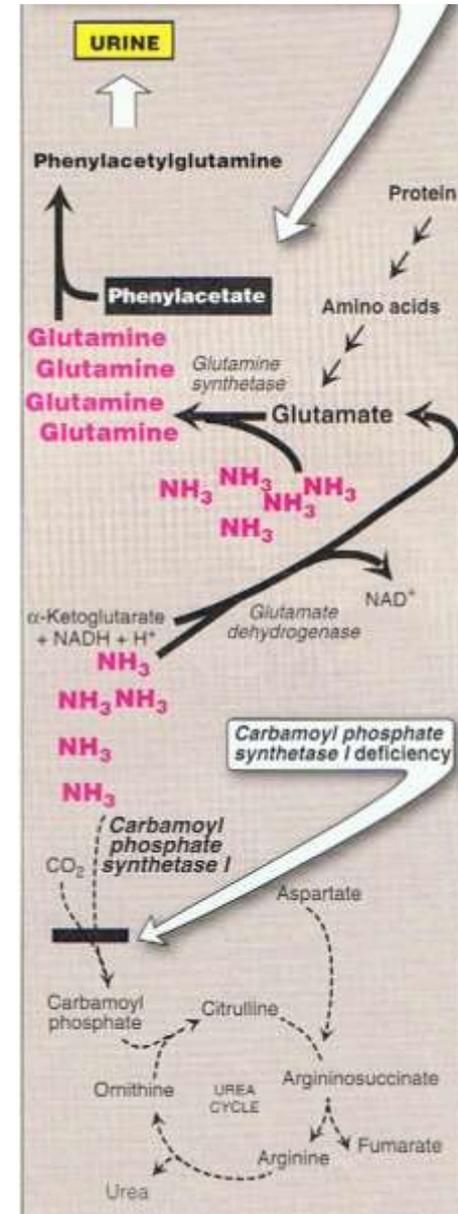
❑ Ornithine transcarbamoylase deficiency, which is **X-linked**, is the most common of these disorders, affecting males predominantly

← أكثر عرضة
male

❑ All of the other urea cycle disorders follow an autosomal recessive inheritance pattern. The failure to synthesize urea leads to hyperammonemia during the first weeks following birth leading to mental retardation

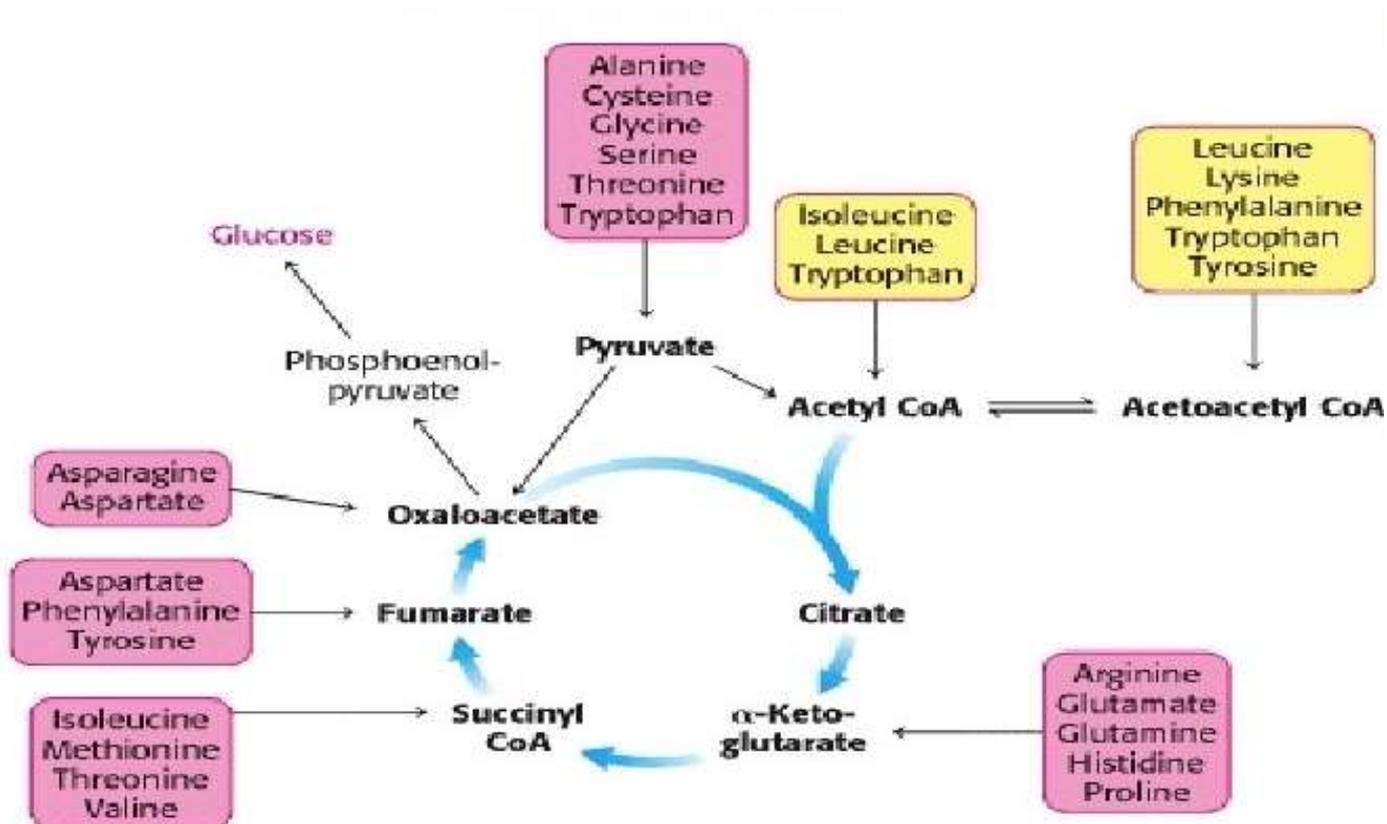
❑ Treatment includes:

- ❑ limiting protein in the diet
- ❑ administering compounds that bind covalently to amino acids, producing nitrogen-containing molecules that are excreted in the urine (phenylbutyrate given orally is converted to phenylacetate)



Amino acid are catabolized to form:

1. oxaloacetate
2. α -ketoglutarate
3. pyruvate
4. fumarate
5. succinyl-CoA
6. succinyl-CoA
7. acetyl-CoA and acetoacetyl CoA.



Catabolism of the carbon skeleton

1. Amino acids that form oxaloacetate → تدخل في حلقات كريبس

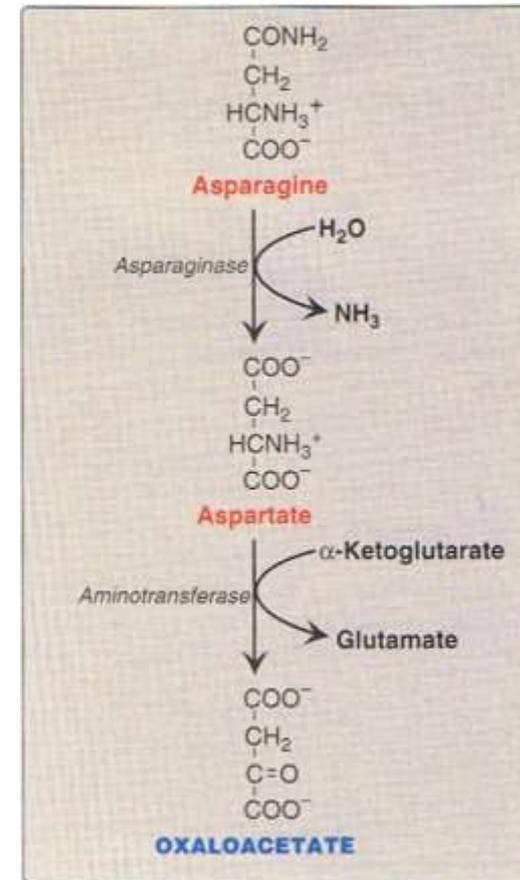
□ **Asparagine** is hydrolyzed by asparaginase, liberating ammonia and aspartate, *glucose produce ← gluconeogenesis*

□ **Aspartate** loses its amino group by transamination to form oxaloacetate

□ Some rapidly dividing leukemic cells are unable to synthesize sufficient asparagine to support their growth. This makes asparagine an essential amino acid for these leukemia cells.

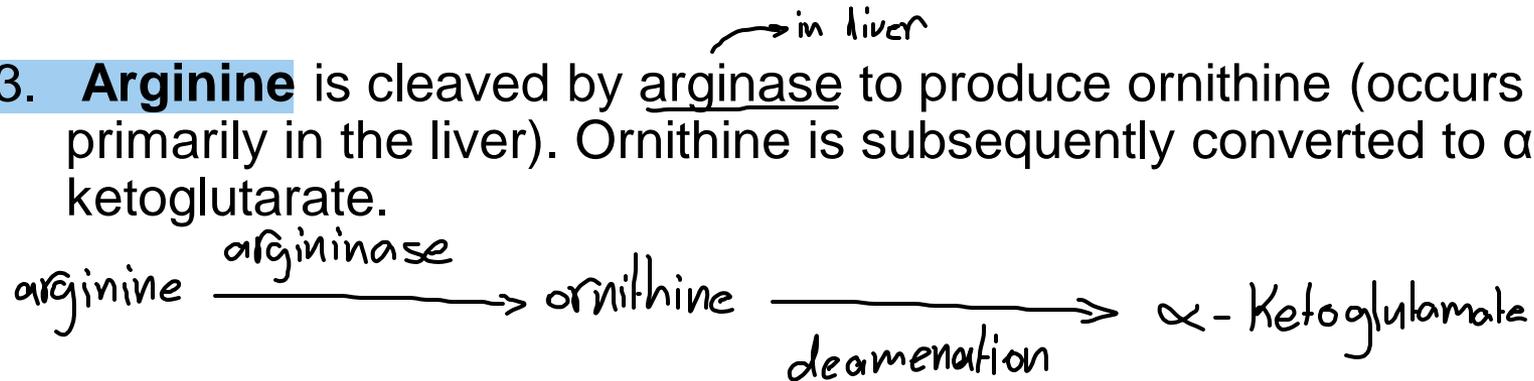
← خلايا سرطانية

□ Asparaginase can be administered systemically to treat leukemic patients. Asparaginase degrades asparagine which helps in the growth of leukemia tumors.



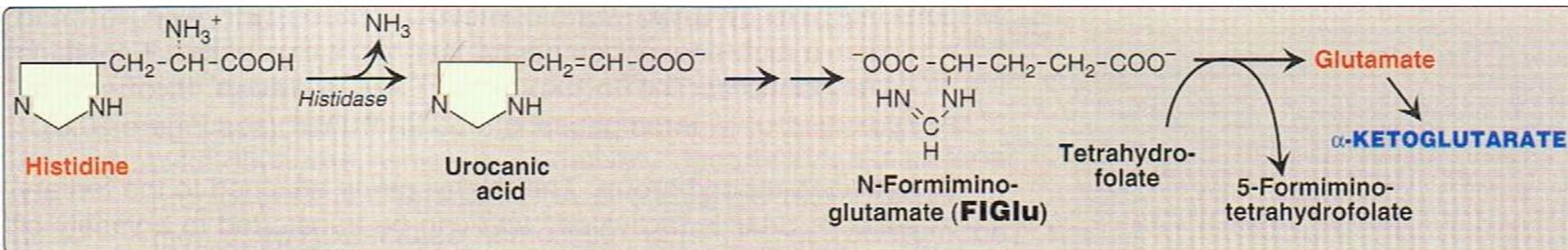
2. Amino acids that form α -ketoglutarate

- 1. Glutamine** is converted to glutamate and ammonia by the enzyme glutaminase. Glutamate is converted to α -ketoglutarate by transamination, or through oxidative deamination by glutamate dehydrogenase.
- 2. Proline** is oxidized to glutamate. Glutamate is transaminated or oxidatively deaminated to form α -ketoglutarate.
- 3. Arginine** is cleaved by arginase to produce ornithine (occurs primarily in the liver). Ornithine is subsequently converted to α -ketoglutarate.



Amino acids that form α -ketoglutarate

4. **Histidine** is oxidatively deaminated by histidase to urocanic acid, which subsequently forms N-formiminoglutamate (FIGlu). FIGlu donates its formimino group to tetrahydrofolate, leaving glutamate.
- Individuals deficient in folic acid excrete increased amounts of FIGlu in the urine (after ingestion of a large dose of histidine). The FIGlu excretion test has been used in diagnosing a deficiency of folic acid.



3. Amino acids that form pyruvate → glucoogenic

1. **Alanine** loses its amino group by transamination to form pyruvate

→ علیہ ہائیڈروکسی میتیل → oMet remove

2. **Serine** can be converted to glycine and N5,N10-methylenetetrahydrofolate. Serine can also be converted to pyruvate by serine dehydratase. → serine $\xrightarrow{-OH^-}$ alanine → pyruvate

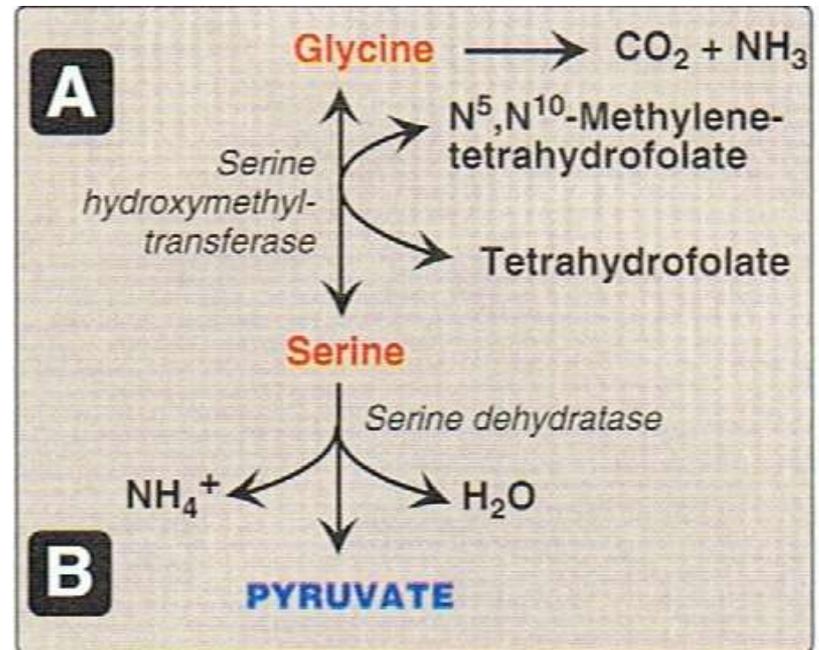
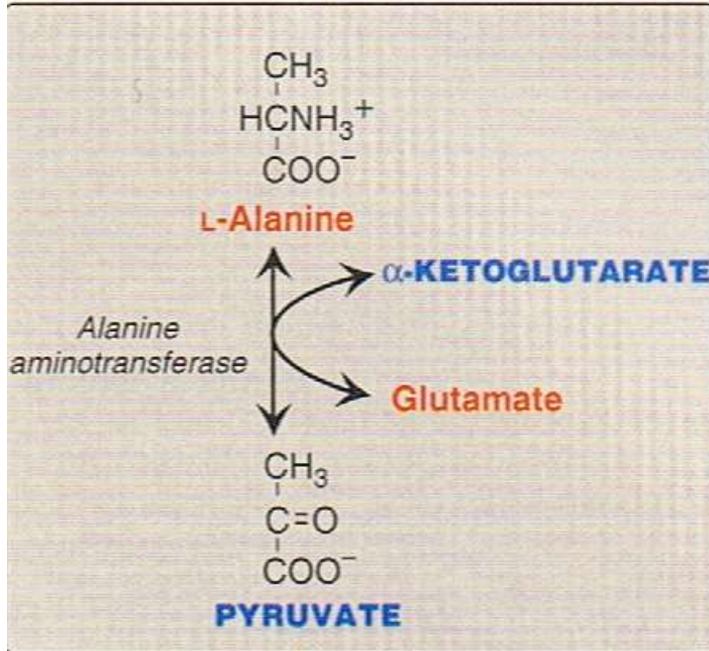
3. **Glycine** can either be converted to serine by addition of a methylene group from N5,N10-methylenetetrahydrofolic acid, or oxidized to CO_2 and NH_4^+

4. **Cystine** is reduced to cysteine, using $NADH + H$ as a reductant. Cysteine undergoes desulfuration to yield pyruvate.

5. **Threonine** is converted to pyruvate or to α -ketobutyrate, which forms succinyl CoA.

glucoogenic

Amino acids that form pyruvate



→ glucoyenic and Ketogenic

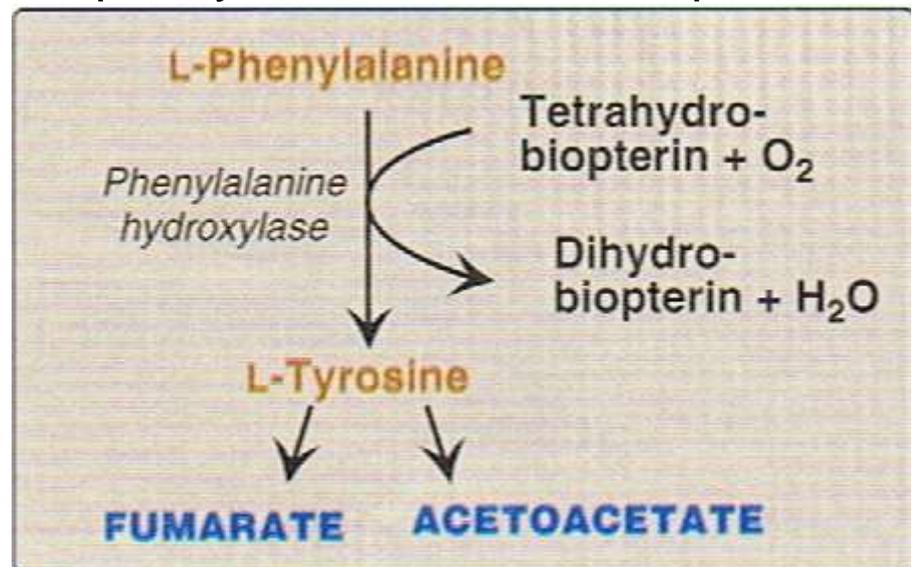
4. Amino acids that form fumarate

and acetoacetate

بجذري أساسي بغير أساسي



- 1. Phenylalanine and tyrosine:** Hydroxylation of phenylalanine leads to the formation of tyrosine, which is catalyzed by phenylalanine hydroxylase. Thus, the metabolism of phenylalanine and tyrosine merge, leading ultimately to the formation of fumarate and acetoacetate. Phenylalanine and tyrosine are, therefore, both glucogenic and ketogenic.
2. Inherited deficiencies in the enzymes of phenylalanine and tyrosine metabolism lead to the diseases phenylketonuria and alkaptonuria, and the condition of albinism.



5. Amino acids that form succinyl CoA

→ glucoygenic

← آسامیث

❑ **Methionine:** Methionine is one of four amino acids that form succinyl CoA. This sulfur-containing amino acid deserves special attention because it is converted to S-adenosylmethionine (SAM), the major methyl-group donor in one-carbon metabolism

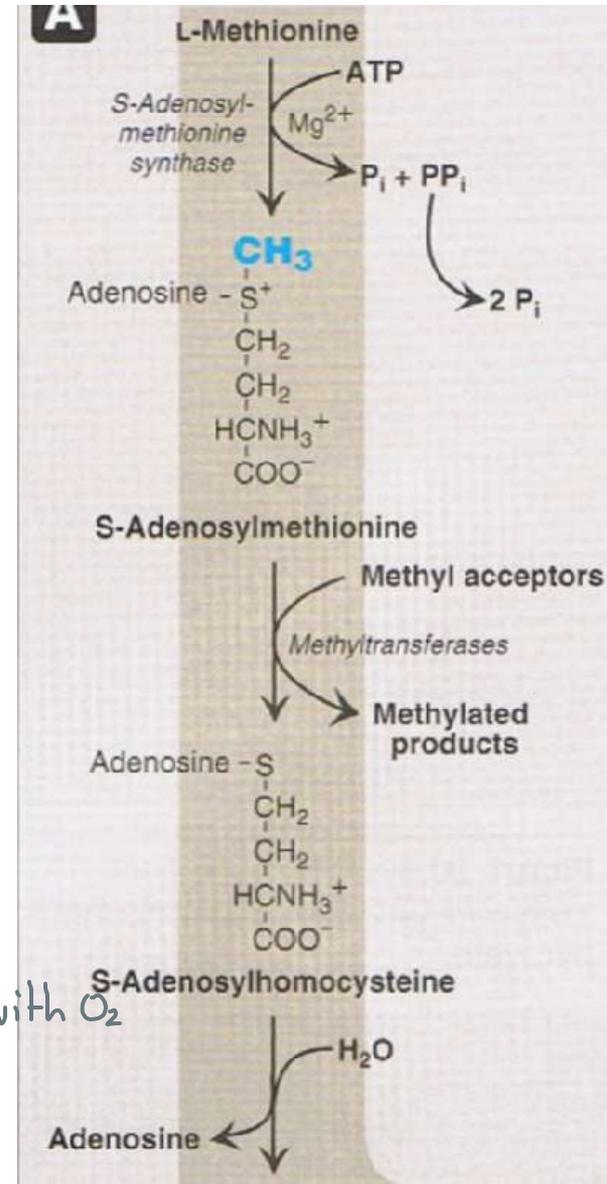
❑ Methionine is also the source of **homocysteine**, a metabolite associated with **atherosclerotic vascular disease**. → angina

← تنگی نفس بسبب نقص B₁₂

B₆ and Folate

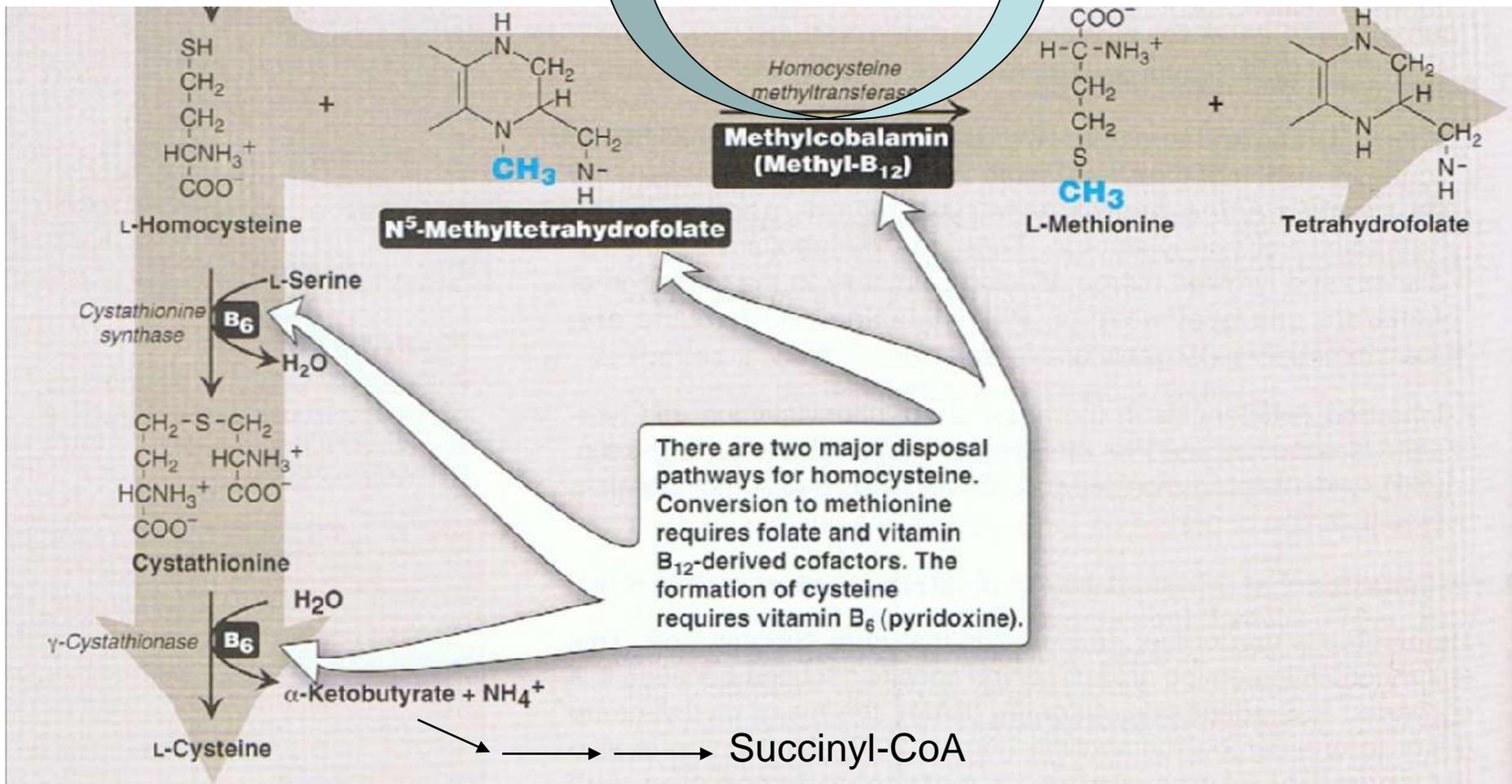
→ RBCs large and small amount → hemoglobin ↓ bind with O₂

→ effort state → heart failure



Methyl-malonyl-CoA

Succinyl-CoA



Amino acids that form succinyl CoA

Degradation of valine, isoleucine, and threonine also results in the production of succinyl CoA- a TCA cycle intermediate and glucogenic compound.

1. Valine and isoleucine are branched-chain amino acids that yield succinyl CoA.
2. Threonine is dehydrated to α -ketobutyrate, which is converted to propionyl CoA, the precursor of succinyl CoA
3. Threonine can also be converted to pyruvate.

6. Amino acids that form acetyl CoA or acetoacetyl CoA

- ❑ Leucine, isoleucine, lysine, and Tryptophan form acetyl CoA or acetoacetyl CoA directly, without pyruvate serving as an intermediate (through the pyruvate dehydrogenase reaction).
- ❑ there are a total of six ketogenic amino acids.

* 1. **Leucine** is **exclusively ketogenic** in its catabolism, forming acetyl CoA and acetoacetate. Like other branched-chain amino acids, isoleucine and valine.

2. **Isoleucine:** is both ketogenic and glucogenic, because its metabolism yields acetyl CoA and propionyl CoA. The first three steps in the metabolism of isoleucine are virtually identical to the initial steps in the degradation of the other branched-chain amino acids. valine and leucine.

Amino acids that form acetyl CoA or acetoacetyl CoA

- * **3. Lysine**, an **exclusively ketogenic amino acid**, is unusual in that neither of its amino groups undergoes transamination as the first step in catabolism. Lysine is ultimately converted to acetoacetyl CoA.
- 4. Tryptophan** is both glucogenic and ketogenic because its metabolism yields alanine and acetoacetyl CoA.

↓
pyruvate
↓
glucose
↓
glucogenic

Metabolic Classification of Amino Acids

	Glucogenic	Glucogenic and Ketogenic	Ketogenic
Nonessential	Alanine Arginine Asparagine Aspartate Cysteine Glutamate Glutamine Glycine Proline Serine	Tyrosine	
Essential	Histidine Methionine Threonine Valine	Isoleucine Phenylalanine Tryptophan	Leucine Lysine

