

# تفريغ كلىنكال



المحاضرة: Acid-base balance

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# Acid-base balance

# Acid-base balance

- The data are used to assess patients in life-threatening situations  
 ← أول دوا بتضرر هو الـ brain .
- Blood hydrogen ion concentration  $[H^+]$  is maintained within tight limits in health. Normal levels lie between 36 and 44 nmol/L (pH 7.35-7.45)  $\pm 0.05$
- Any  $H^+$  values outside this range will cause alteration in the rates of chemical reactions within the cell and affect many metabolic processes of the body
- Values greater than 120 nmol/L or less than 20 nmol/L are usually incompatible with life

يعني إذا pH قلت من 7.4 إلى 6.8 زادت قوة  $H^+$  ← يؤذي إلى الوفاة .

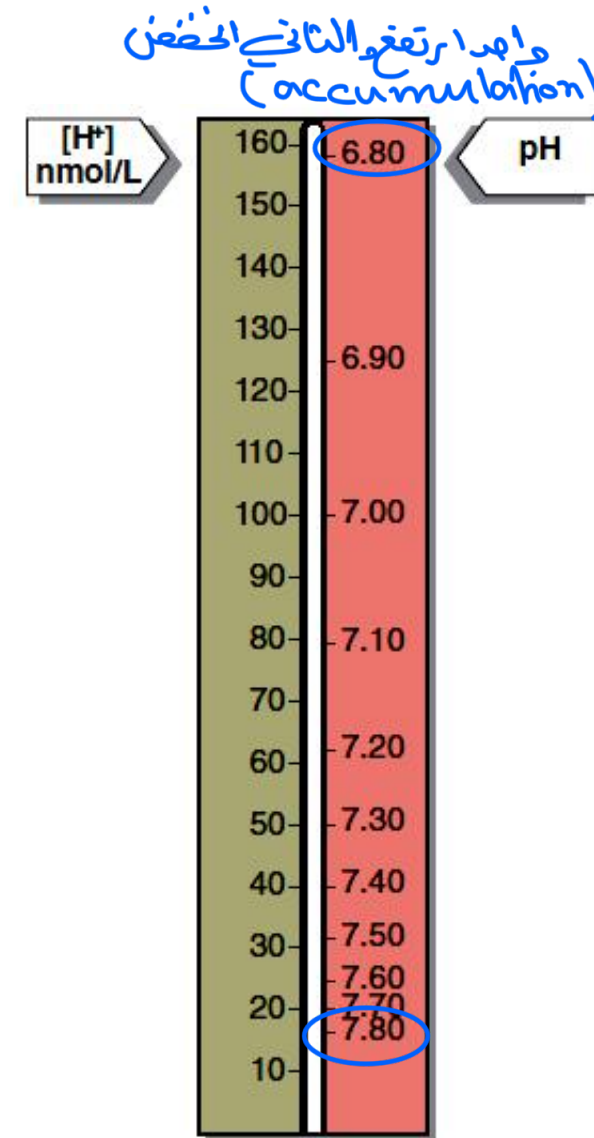


Fig 20.1 The negative logarithmic relationship between  $[H^+]$  and pH.

# H<sup>+</sup> Production

- Hydrogen ions are produced in the body as a result of **metabolism** (from the oxidation of the sulphur-containing amino acids of protein ingested as food)

↳ e.g. Cystine & methionine.

- The total amount of H<sup>+</sup> produced each day in this way is of the order of 60 mmol but all the H<sup>+</sup> produced are efficiently excreted in urine. Everyone who eats a diet rich in animal protein passes an acidic urine

← ملح  
سحبنا → HCO<sub>3</sub><sup>-</sup>, Hb, Albumin  
القياسات الصغيرة.  
بكرة و الكلى  
Kidney

- Large amounts of **CO<sub>2</sub>** are produced by cellular activity each day with the potential to upset acid-base balance

صحيح  
يح تخلص  
منه  
excess

- Under normal circumstances all of this CO<sub>2</sub> is excreted via the **lungs**. Having been transported in the blood, Only when respiratory function is impaired do problems occur

← بالتالي الحل في أجبأ لا لـ Kidney.



# Buffering and buffers

$\text{HCO}_3^-$  main Buffer system  
→ phosphate, ammonia ← بکات و دیت

- Buffer is a solution of the salt of a weak acid that is able to bind  $\text{H}^+$ .  
Buffering does not remove  $\text{H}^+$  from the body but mop up any excess  $\text{H}^+$  produced (as a sponge)
- **Buffering** is only a short term solution to the problem of excess  $\text{H}^+$ .  
Ultimately, body must get rid of  $\text{H}^+$  by renal excretion
- The body contains a number of buffers to correct sudden changes in  $\text{H}^+$  production
- **Proteins** can act as buffers and the haemoglobin in the erythrocytes has a high capacity to bind  $\text{H}^+$

# Buffers



- In the ECF, **bicarbonate buffer** is the most important. In this buffer system, bicarbonate ( $HCO_3^-$ ) combines with  $H^+$  to form carbonic acid ( $H_2CO_3$ )
- The association of  $H$  with bicarbonate occurs rapidly, but the breakdown of carbonic acid to  $CO_2$  and water happens relatively slowly.
- The reaction is accelerated by an enzyme, **carbonic anhydrase**, which is present particularly in the erythrocytes and in the kidneys.  
*extra  $H^+$  مقلعہ آگے*
- Only when all the bicarbonate is used up does the system have no further buffering capacity
- The acid base status of patients is assessed by consideration of the bicarbonate system in plasma

# Buffers

➤ The **bicarbonate buffer** system is unique in that:

➤ The ( $\text{H}_2\text{CO}_3$ ) can dissociate to water and  $\text{CO}_2$  allowing  $\text{CO}_2$  to be eliminated by lung

➤ Changes in  $\text{CO}_2$  modify the ventilation rate  $\uparrow \text{H}^+$  Hyperventilation  $\text{H}^+ \downarrow$  Hypoventilation

➤  $\text{HCO}_3^-$  concentration can be altered by the kidney  $\uparrow \text{HCO}_3^-$

عشائر أجهزة الـ  $\text{CO}_2$

→ without urinary tract

طريق الـ  
منه من

➤ Phosphate buffer system ( $\text{HPO}_4^{2-} - \text{H}_2\text{PO}_4^-$ ) plays a role in plasma and RBC's and is involved in the exchange of  $\text{Na}/\text{H}^+$  ion in the urine filtrate

لـ عشائر ما يصير عنده فرق من الـ acid جالتا في الـ  $\text{H}^+$  الجسم ما يطلع له كانه لازم يطلع مع Buffer! phosphate و ammonium.

➤ **Plasma proteins**, especially the imidazole groups of histidine, forms important buffer system in plasma. Most circulating proteins has net negative charge capable of  $\text{H}^+$  binding

# Regulation of the acid-base balance

- In plasms at 37oC, the value for the combination of the solubility constant for PCO2 and the factor to convert mm Hg to mmol/L is 0.0307 mmol L-1. mm Hg-1

$$\text{pH} = \text{pK}' + \log \frac{c\text{HCO}_3^-}{0.031 \times \text{PCO}_2}$$

Base  
acid.

عشائے اُحفظ علی ال ratio لازم یحیون  $\uparrow \text{CO}_2$  اُر  $\uparrow \text{HCO}_3^-$  (Hypoventilation)  
 ← عشائے اُحیون ال  $\text{CO}_2$   
 ف بجا دل ال ratio .

# H<sup>+</sup> excretion in the kidney

acid-base balance لا يكون له Recovery HCO<sub>3</sub><sup>-</sup>

(respiration) ➤ All the H<sup>+</sup> that is buffered must eventually be excreted from the body via the kidneys, regenerating the bicarbonate used up in the buffering process and maintaining the plasma bicarbonate concentration within normal limits.

acid-base balance لا يكون له Recovery HCO<sub>3</sub><sup>-</sup> في حالة زيادة حموضة الدم (acidosis) يتم إفراز H<sup>+</sup> في البول وبتكرير بول الدم HCO<sub>3</sub><sup>-</sup> في الدم

➤ Secretion of H<sup>+</sup> by the tubular cells serve initially to reclaim bicarbonate from the glomerular filtrate so that it is not lost from the body

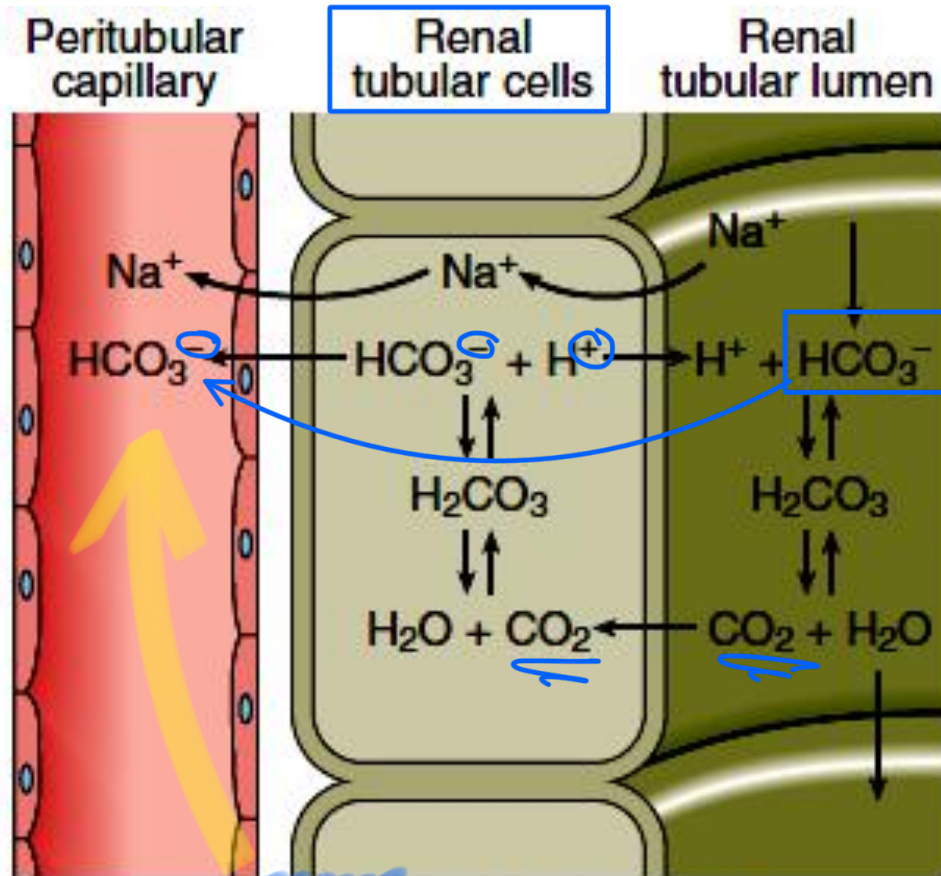
➤ When all bicarbonate has been recovered, any deficit due to the buffering process is regenerated.

➤ The mechanisms for bicarbonate recovery and for bicarbonate regeneration are very similar and sometimes confused.

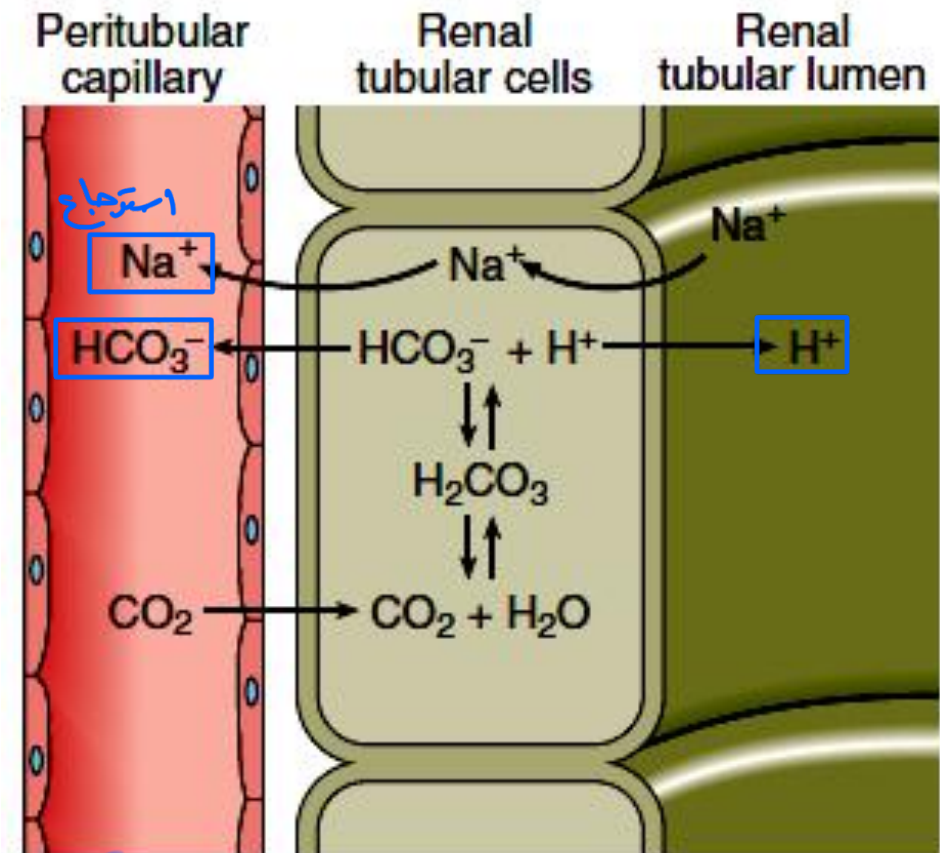
➤ The excreted H<sup>+</sup> must be buffered in urine or the [H<sup>+</sup>] would rise to very high levels, phosphate acts as one such buffer, while ammonia is another



# H<sup>+</sup> excretion in the kidney



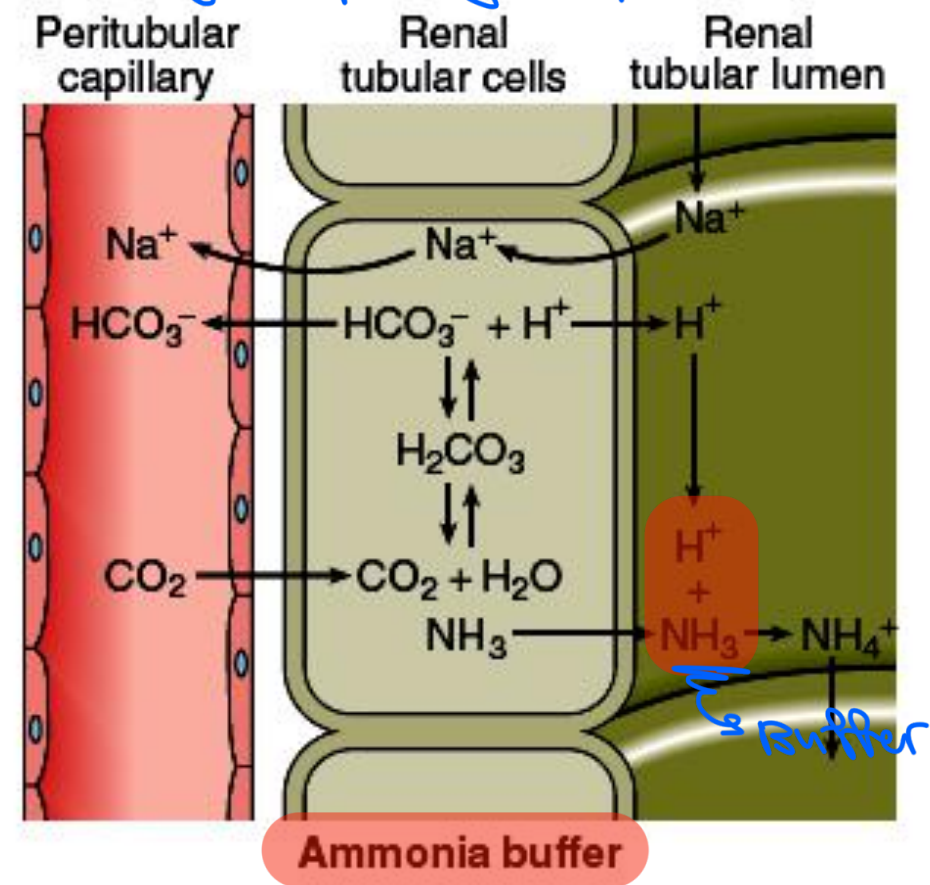
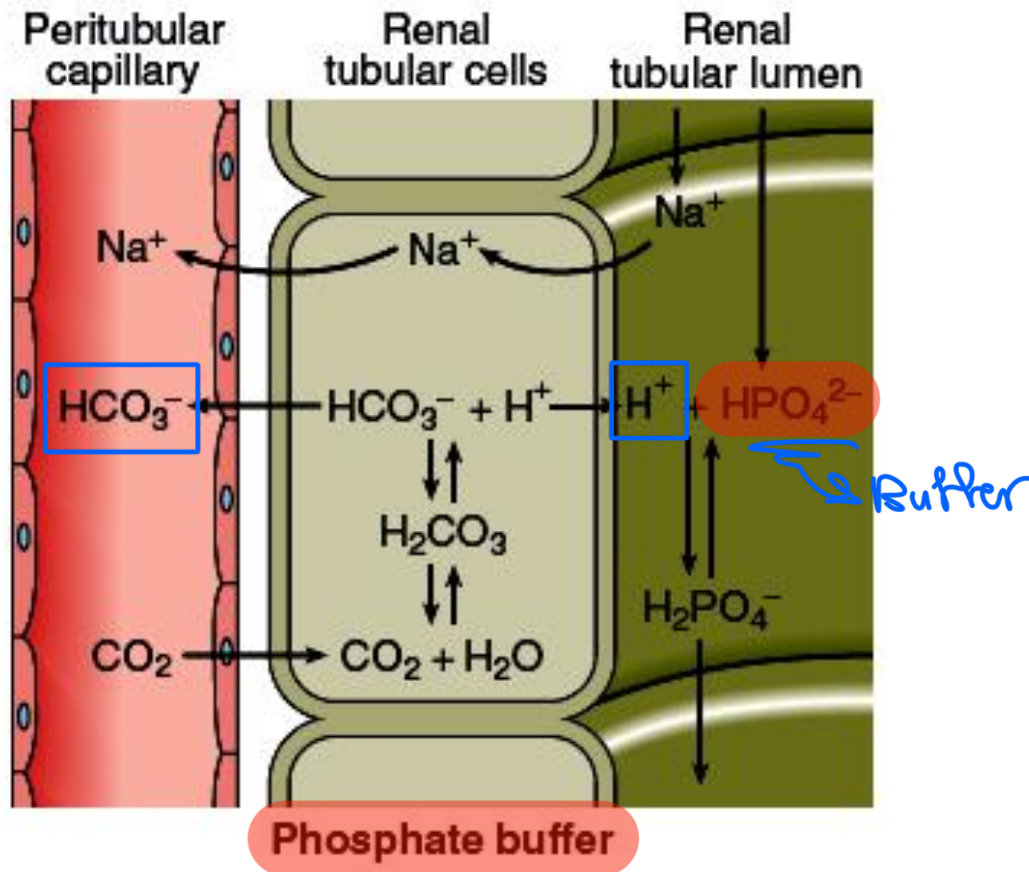
'Recovery' of bicarbonate



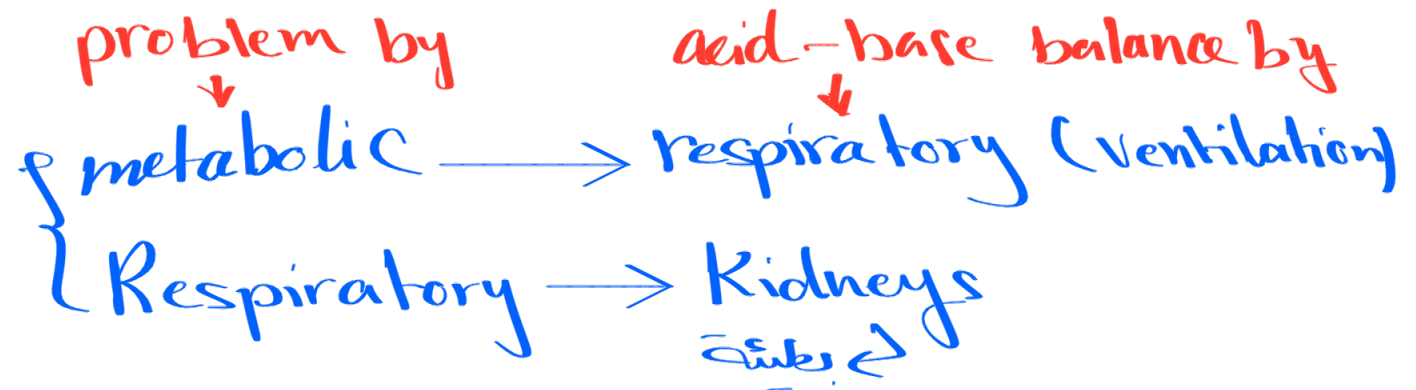
'Regeneration' of bicarbonate — excretion of hydrogen ion

# H<sup>+</sup> excretion in the kidney

← على بطانة الكلى (2-4) days . Respiratory component e.g.: COPD, asthma



# Assessing status



- The carbonic acid ( $H_2CO_3$ ) component is proportional to carbon dioxide, which is in turn proportional to the partial pressure of the  $CO_2$
- Because the body's cellular and metabolic activities are pH dependent, the body tries to restore acid-base homeostasis whenever an imbalance occurs (**Compensation**)
- The body accomplishes this by altering the factor not primarily affected by the pathologic process. For example, if the imbalance is of non-respiratory origin, the body compensates by altering ventilation (fast response). ↗ metabolic
- For disturbances of the respiratory components. The kidneys compensate by selectively excreting or reabsorbing anions and cations. The kidneys are slower to respond (2-4 days)

# Assessing status

- The H concentration in blood varies as the bicarbonate concentration and pCO<sub>2</sub> change. If everything else remains constant.
- Adding H, removing bicarbonate or increasing the pCO<sub>2</sub> will all increase [H<sup>+</sup>] **Acedosis** → *Hyperventilation* ↘ acidity ↑
- Removing H, adding bicarbonate or lowering pCO<sub>2</sub> will all cause the [H<sup>+</sup>] to fall. **Alkalosis** → *Hypoventilation*
- An indication of the acid base status of the patient can be obtained by measuring the components of the bicarbonate buffer system

# Normal ranges



**TABLE 16-1 ARTERIAL BLOOD GAS  
REFERENCE RANGE AT 37°C**

pH	7.35–7.45
pCO <sub>2</sub> (mm Hg)	35–45
HCO <sub>3</sub> <sup>-</sup> (mmol/L)	22–26 ☆ → venous (28–29)
Total CO <sub>2</sub> content (mmol/L)	23–27
pO <sub>2</sub> (mmol/L)	80–110
SO <sub>2</sub> (%)	>95
O <sub>2</sub> Hb (%)	>95



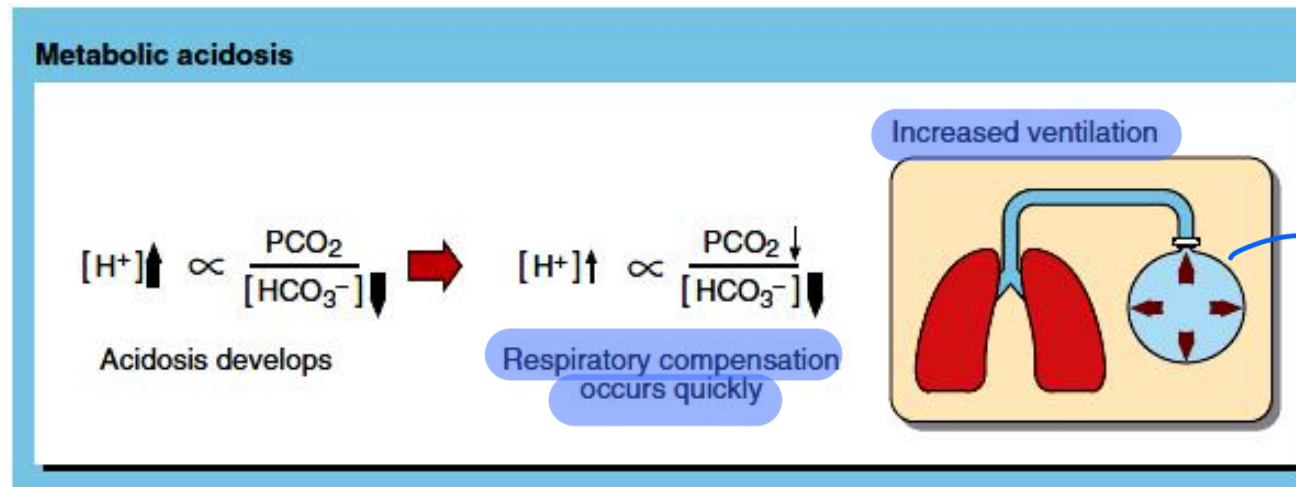
# Causes of metabolic acidosis

- Metabolic acidosis with an **elevated anion gap** occurs in:  
*no excretion → still in blood. → acidosis.*
- **Renal disease**. Hydrogen ions are retained along with anions such as sulphate and phosphate.
- **Diabetic ketoacidosis**. *metabolic acidosis.* Altered metabolism of fatty acids, as a consequence of lack of insulin causes endogenous production of acetoacetic and  $\beta$ -hydroxybutyric acids
- e.g. hypoxia.*  
➤ **Lactic acidosis**. Particularly tissue anoxia. In acute hypoxic states such as respiratory failure or cardiac arrest. It can be caused by liver disease. The presence of lactic acidosis can be confirmed by the measurement of plasma lactate concentration.
- Certain disease of overdose or **poisoning**. As in **salicylate overdose** where build-up of lactate occurs, or **methanol poisoning** when formate accumulates, or **ethylene glycol poisoning** where oxalate is formed.

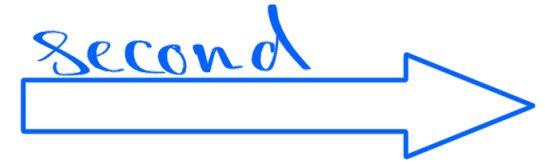
# Causes of metabolic acidosis

- Metabolic acidosis with **a normal anion gap** is sometimes referred to as hyperchloraemic acidosis because a reduced HCO<sub>3</sub> is balanced by increased Cl concentration. It is seen in chronic diarrhea or intestinal fistula. Fluids containing bicarbonate are lost from the body
- **Renal tubular acidosis**: Renal tubular cells are unable to excrete hydrogen ions efficiently and bicarbonate is lost in urine

↪ Cl<sup>-</sup>↑



↪ hyperventilation.



# Clinical effect of acidosis

- The compensatory response to **metabolic acidosis** is hyperventilation, since the **increased [H<sup>+</sup>]** acts as a powerful stimulant of the respiratory centre.
- The deep rapid and gasping respiratory pattern is known as Kussmaul breathing. Hyperventilation is the appropriate physiological response to acidosis and it occurs rapidly.
- The raised [H<sup>+</sup>] leads to increased neuromuscular irritability. There is a hazard of arrhythmia progressing to cardiac arrest and this is more likely by the presence of hyperkalemia, which will accompany the acidosis.
- Depression of consciousness can progress to coma and death

# Metabolic alkalosis



- The causes of a metabolic alkalosis may be due to:
  - Loss of hydrogen ion in gastric fluid during **vomiting**. This especially seen when there is pyloric stenosis preventing parallel loss of bicarbonate-rich secretions from the duodenum.  
*Handwritten notes: رطب (Rutab), ↓ HCl, ↑ HCl*
  - **Ingestion of absorbable alkali**: such as sodium bicarbonate. Very large doses are required to cause a metabolic alkalosis unless there is renal impairment.  
*Handwritten note: → antacid*
  - **Potassium deficiency**: in severe potassium depletion as a consequence of diuretic therapy, hydrogen ion is retained inside cells to replace the missing potassium ions. In the renal tubules more hydrogen ions rather than potassium, are exchanged for reabsorbed sodium. So despite there an alkalosis, the patient passes an acid urine.  
*Handwritten notes: \* in urine, ↓ aldosterone: ↑ K<sup>+</sup>, ↓ Na<sup>+</sup>, Urine become acidosis (pH < 7.35), (Na-H) pump, رطب (Rutab), H<sup>+</sup> بقاء (H<sup>+</sup> retention), مع إزاحة كاتيونات (with displacement of cations), Kalosis في الدم (Kalosis in blood)*

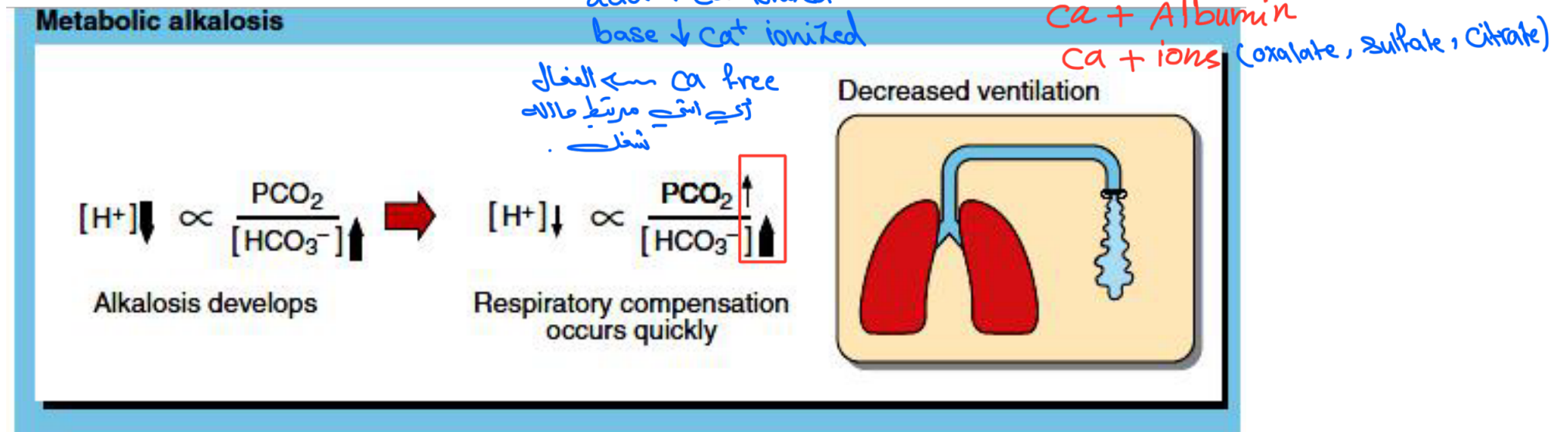
# Clinical effects of alkalosis

➤ The clinical effects of alkalosis include:

➤ Hypoventilation ↓  $\text{CO}_2$

➤ Confusion and eventually coma

➤ Muscle cramps, tetany and paraesthesia may be a consequence of a decrease in the unbound plasma calcium concentration. which is a consequence of the alkalosis.





# Respiratory acidosis

- **Lung disease:** in which CO<sub>2</sub> is not effectively removed from the blood. In certain patients with chronic obstructive pulmonary disease (COPD, where CO<sub>2</sub> is retained in the blood, causing chronic hypercarbia (elevated pCO<sub>2</sub>)
- In **bronchopneumonia**: *→ infection in the lung.* gas exchange is impaired because of the secretions. White blood cells, bacteria and fibrin in the alveoli
- **Hypoventilation** *RR* caused by drugs such barbiturates, morphine, or alcohol will increase blood pCO<sub>2</sub> levels *→ respiratory depression.*
- **Mechanical obstruction** *← الاختناق* or asphyxiation (strangulation or aspiration).
- **Decreases cardiac output** such as in CHF also will result in less blood to the lungs for gas exchange and an elevated pCO<sub>2</sub> *← نقص كمية الدم التي يوصلها الرئتين لـ الغاز قليل.  
exchange*
- Kidney will compensate for acidosis but it takes time

# Respiratory alkalosis

كسبة عادة بمنتجات من التنفس السريع .

## ➤ The causes include:

### ➤ Hypoxemia

نقص الأكسجين في الدم

الذي يحفز Respiratory center

### ➤ Chemical stimulation of the respiratory center by drugs, such as salicylate

### ➤ An increase in environmental temperature, fever, hysteria (hyperventilation), Pulmonary emboli and pulmonary fibrosis.

\* الحلى بحطيه كيس ورق  
يتنفس فيه عشان يرجع لمية الـ  $CO_2$ .

الناس اللي بتعبرهننا انه رج مكي  
عندهم مشكلتي :- \* metabolic acidosis  
لأنه الـ salicylate أهمال acidic

\* بعل chemical stimulation  
فييس الواحد يتنفس بسرعة وبالتالي alkalosis

## ➤ The kidney compensates by excreting $HCO_3^-$ in the urine and reclaiming $H^+$ to the blood

## ➤ The popular treatment for hysterical hyperventilation, breathing into a paper bag, is self-explanatory

hypoxia  
↓  
lactic acidosis  
(metabolic)

# Oxygen and gas exchange

## Oxygen and carbon dioxide

إذا صار عندي inadequate oxygen  
لائي سبب من الأسباب

بالزمن الحادي الـ Hb يحمل 40 وحدة الـ O بروح بال oxidative phosphorylation في mitochondria

➤ The role of oxygen in metabolism is crucial to all life. In cell mitochondria, electron pairs from the oxidation of NADH and FADH<sub>2</sub>, are transferred to molecular oxygen

لا عشان يوصل الـ oxygen من الهواء الجوي لحد الـ membrane of mitochondria  
في تخير خلال حاجي الطريق يصير مشكلة.

➤ For adequate tissue oxygenation, the following seven conditions are necessary:

(1) available atmospheric oxygen → اما يكون في طريقة عند.

(2) adequate ventilation e.g.: COPD, asthma.

(3) gas exchange between the lung and arterial blood → إستهي يتكر الـ alevoli أو وعنه سائل.

(4) Loading of O<sub>2</sub> onto hemoglobin

(5) adequate hemoglobin

(6) adequate transport (cardiac output), and

(7) release of O<sub>2</sub> to the tissue.

مثال الشخص المريض يكون عنده Carbon monoxide عالي  
مع يزيد الـ acidity وبالتالي يمنع الـ release الـ O<sub>2</sub>.

مع يعاوجه HF e.g.:  
مشاكل

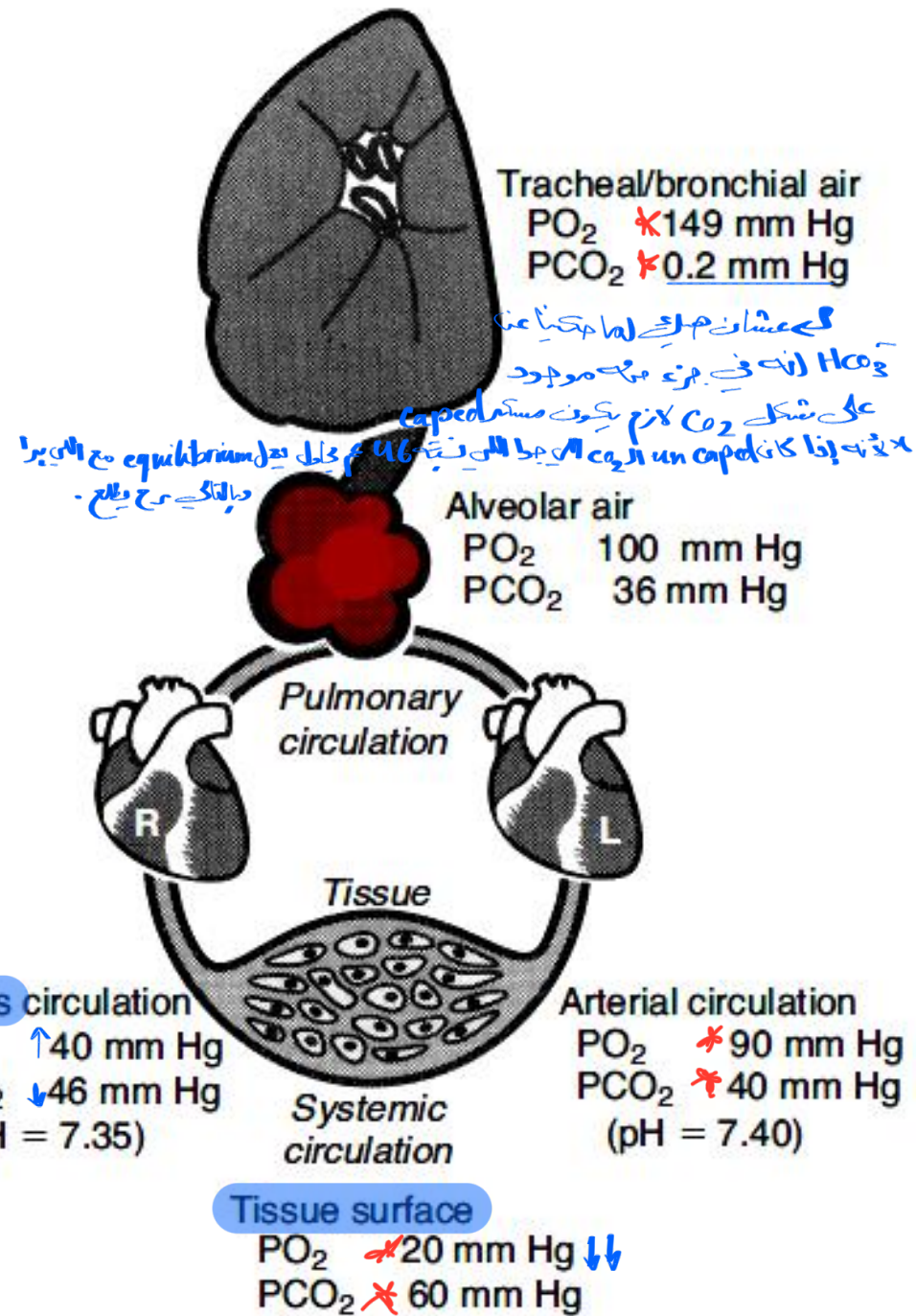
إستهي يتكر الـ alevoli أو وعنه سائل.  
e.g.: pulmonary edema.

في الشخص الذي يعمل مجهود  
تكون مع هائل تعب  
بس عتة يكون Hb لا ياتك  
نراد الـ load على Heart.

لا يكون هناك نازل  
مثال 7 مارح يتغير  
ينقل للخلية.

يشكل عام الـ Hb  
تقول load وضع الـ  
O<sub>2</sub> ولكن مثلاً لو  
انخفضت الـ pH  
مع يصير acidosis  
بالتالي مارح يتغير  
تحالـ O<sub>2</sub>.  
low affinity.

➤ Any disturbances in these conditions can result in poor tissue oxygenation



Handwritten signature in red ink.

# Oxygen and carbon dioxide

- **Factors that can influence the amount of O<sub>2</sub>**, that moves through the alveoli into the blood and then to the tissue include:
- **Destruction of the alveoli:** the normal surface area of the alveoli is as big as tennis court. When the surface area is destroyed to a critical low value by diseases such as emphysema

no gas exchange ← alveoli ← سائل في ←  
بعض به يرتبط بال elastase و يبلش يفتن بال elastine التي في lung  
→ Alpha-1 antitrypsine.

- **Pulmonary edema:** Gas diffuses from the alveoli to the capillary through a small space. With pulmonary edema, fluid leaks into the space, increasing the distance between the alveoli and capillary walls

- **Airway blockage.** Airways can be blocked, as in asthma and bronchitis

- **Inadequate blood supply:** As in pulmonary embolism, pulmonary hypertension or a failing heart not enough blood is being carded away to the tissue where it is needed.  
← الناس التي بدمن احمه اكثر عرضة  
عشان حريه يكون  
لخزعة تركيز كثر  
على من O<sub>2</sub> عشان  
على ال CO<sub>2</sub>.  
عشان حريه التي يكون منم نقص O<sub>2</sub> بهين يتنفس بسرعة لانه علية فرجه و اكثر بحت من حمل ال O<sub>2</sub>.  
↓ blood to the lung.  
لذا الواحد منه نقص O<sub>2</sub> بروج يعطيه O<sub>2</sub>  
بقت اعطيه كد 100% في مال كان خنوقه الواو من CO غازاته ما  
لانه ال affinity ال اعلى 220 مرة من O<sub>2</sub>
- **Diffusion of CO<sub>2</sub> and O<sub>2</sub>.** Because O<sub>2</sub> diffuses 20 times slower than CO<sub>2</sub>, it is more sensitive to problems with diffusion. This type of hypoxemia is generally treated with supplemental O<sub>2</sub>. 60% or higher O<sub>2</sub> concentrations must be used with caution because it can be toxic to lungs  
\* Toxicity of O<sub>2</sub> Cause Respiratory depression.



\* الناس المدخّن الـ CO يرتبط مع Hb  
فيضع بصير release الـ O<sub>2</sub> ، معانها المدخّن ارتبط  
عنده كم Hb مشي نعاله ولما يوصل الـ Hb للـ Kidney  
الـ sensor تبع الـ hypoxia فيبروع مطلع مادة اسمها  
erythropoietin فيبروع على الـ bone marrow وبتخزن الـ erythropoietin  
والبالكه بتحت قوه دمّه عاليه مثلاً 17 ولكن نعليها يدرم دمّه 12 .

- Qo :-
- \*  $\uparrow H^+$  ( $\downarrow pH$ )
  - \*  $\uparrow pCO_2$
  - \* 2,3-DPG
- } decrease affinity to  $O_2$  in Hb.

- affinity ↑ 220 then  $O_2$   
 عالية = على الربط مع  $Hb$   
 عالية جداً ويخرج السائل  
 الـ  $O_2$

- The pH  $\rightarrow$  in tissue  $\text{CO}_2 \uparrow \rightarrow \text{pH} \downarrow$  acidic  $\uparrow \text{H}^+$   
بالنسبة للهيموجلوبين  $\text{O}_2$  ينزل  $\text{pH}$  في الرئة  $\uparrow$  وينبعث  $\text{O}_2$  في الأنسجة  $\downarrow$   $\text{pH}$  في الأنسجة  $\downarrow$   $\text{O}_2$  ينزل  $\text{pH}$  في الرئة  $\uparrow$  وينبعث  $\text{O}_2$  في الأنسجة  $\downarrow$
- The temperature of the blood  $\rightarrow$  increase kinetic energy of gas ( $\text{O}_2$ )
- The levels of  $\text{PCO}_2$  and 2,3- DPG. *diphosphoglycerate*  
في الأنسجة  $\text{PCO}_2$   $\uparrow$  و 2,3-DPG  $\uparrow$  في الدم  $\text{PCO}_2$   $\downarrow$  و 2,3-DPG  $\downarrow$  في الأنسجة  $\text{PCO}_2$   $\uparrow$  و 2,3-DPG  $\uparrow$  في الدم  $\text{PCO}_2$   $\downarrow$  و 2,3-DPG  $\downarrow$  في الأنسجة

← من التراكيب التي metabolite glycolysis بالأكسجين  
 (تكون بالأكسجين في tissue (highly  $O_2$ )  
 ← موجود في tissue affinity  $O_2$   
 من قبل affinity  $O_2$

# Oxygen transport

- With adequate atmospheric and alveolar O<sub>2</sub> available and with normal diffusion of O<sub>2</sub> to the arterial blood, more than 95% of the “functional” hemoglobin will bind O<sub>2</sub>.  
*→ saturated with O<sub>2</sub>*  
*يعني يتحد مع Hb بمقدار 95% إذا كانت الهواء نضيف.*
- Increasing the availability of O<sub>2</sub> to the blood further saturates the hemoglobin. However, once the hemoglobin is 100% saturated, an increase in O<sub>2</sub> to the alveoli serves only to increase the concentration of dissolved O<sub>2</sub> (dO<sub>2</sub>) in the arterial blood. This offers minimal increase in oxygen delivery.  
*→ very toxic cause inhibition to respiratory center.*
- Prolonged administration of high concentration of O<sub>2</sub> may cause oxygen toxicity and in some cases, decreased ventilation that leads to hypercarbia

# Oxygen transport

➤ Normally blood hemoglobin exists in one of four conditions:

➤ **Oxyhemoglobin** (O<sub>2</sub>Hb), which is O<sub>2</sub> reversibly bound to hemoglobin. 97%

➤ **deoxyhemoglobin** (HHb; reduced hemoglobin), which is hemoglobin not bound to O<sub>2</sub> but capable of forming a bond when O<sub>2</sub> is available 3%.

➤ **Carboxyhemoglobin** (COHb), Which is hemoglobin bound to CO. Binding of CO to Hb is reversible but is greater than 200 times as strong as that of O<sub>2</sub>

سب سے زیادہ طاقت  
الکھنڈ مہل .

➤ **Methemoglobin** (MetHb), which is hemoglobin unable to bind O<sub>2</sub>, because iron (Fe) is in an oxidized rather than reduced state. The Fe +3 can be reduced by the enzyme methemoglobin reductase, which is found in RBC's Ferric → chocolate Brown color.

oxidation  
of iron

red color (ferrus)

لے اٹھلے خدا پر جلی ال O<sub>2</sub> وکتا اذا كان  
عند oxidizing کتار ڈوال enzyme مہیف  
بیر مہیف مشعلہ .

لو کتا واحد  
منقوص مہر  
بہن یہود الطریقہ  
سبب لازم پیدا  
fraction

➤ Co-oximeter are used to determine the relative concentrations (relative to the total hemoglobin) of each of these species of hemoglobin.

# Assessing a patient oxygen status

➤ **Four parameters** used to assess a patient's oxygen status are:

➤ Oxygen saturation (SO<sub>2</sub>) →  $\frac{O_2 \text{ Hb}}{\text{tot Hb}}$

➤ Measured fractional (percent) oxyhemoglobin (FO<sub>2</sub>Hb);

➤ Transcutaneous pulse oximetry (SpO<sub>2</sub>) assessments and

➤ The amount of O<sub>2</sub> dissolved in plasma (PO<sub>2</sub>)

\* ال SO<sub>2</sub> اذا كان مساوي لـ fractional  
ف هو في داعية اروع اعمل  
ال fractional.

\* في حال كان غير مساوي معناها  
في كناية واحد من dishemoglobin  
e.g.: met Hb or carboxy Hb

➤ Oxygen saturation (SO<sub>2</sub>) represents the ratio of O<sub>2</sub> that is bound to the hemoglobin compared with the total amount of hemoglobin capable of binding O<sub>2</sub>

$$\text{SO}_2 = \frac{c\text{O}_2\text{Hb}}{(c\text{O}_2\text{Hb} + c\text{HHb})} \times 100$$

oxy                      deoxy

# Oxygen saturation (SO<sub>2</sub>)

- Software included with the blood gas instruments can calculate SO<sub>2</sub> from pO<sub>2</sub>, pH and temperature of the sample.
- These calculated results can differ from those determined by direct measurement due to the assumption that only adult hemoglobin is present and the oxyhemoglobin dissociation curve has a specific shape and location  
→ Hb A<sub>1</sub>  
محل وجود من نوعیات ال Hb A<sub>1</sub> علی الہا  
Spectrum مختلف.
- These algorithms for the calculation do not account for the other hemoglobin species, such as COHb and MetHb
- So calculated SO<sub>2</sub> should not be used to assess oxygenation status

# Fractional oxyhemoglobin

- Fractional (or percent) oxyhemoglobin (FO<sub>2</sub>Hb) is the ratio of the conc. of oxyhemoglobin to the conc. of total hemoglobin (ctHb)

$$FO_2Hb = \frac{cO_2Hb}{ctHb} = \frac{cO_2Hb}{cO_2Hb + cHHb + dysHb}$$

- Where the dysHb represents hemoglobin derivatives, such as COHb, that can't reversibly bind with O<sub>2</sub> but are still part of the "total" hemoglobin measurement.
- These two terms SO<sub>2</sub> and FO<sub>2</sub>Hb, can be confused because as the numeric values for SO<sub>2</sub> are close to those of FO<sub>2</sub>Hb (**differ in smokers and if dyshemoglobins are present**)



# Partial pressure of oxygen dissolved in plasma

- Partial pressure of oxygen dissolved in plasma ( $pO_2$ ) accounts for little of the body's  $O_2$  stores.
- Noninvasive measurement are attained with pulse oximetry ( $SpO_2$ ). These devices pass light of two or more wavelength through the tissues of the toe, finger or ear.
- The pulse oximeter differentiate between the absorption of light as a result of  $O_2Hb$  and  $dysHb$  in the capillary bed and calculates  $O_2Hb$  saturation. Because  $SpO_2$  does not measure  $COHb$  or any other  $dysHb$ , it overestimates oxygenation when one or more are present.
- The accuracy of pulse oximetry can be compromised by many factors, including diminished pulse as a result of poor perfusion and severe anemia.

لماذا كان عندك الـ pulse ضعيف  
بالله ما استخدمت ربح يطبع خطأ معين.

لماذا الـ  $O_2$  الواصلة اليه قليله.

- The **maximum amount of O<sub>2</sub> that can be carried by hemoglobin** in a
- given quantity of blood is the hemoglobin oxygen (binding) capacity. The molecular weight of tetramer hemoglobin is 64,458 g/mol.
- One mole of a perfect gas occupies 22,414 mL. Therefore, each gram of hemoglobin carries 1.39 mL of O<sub>2</sub> → volume of ideal gas.

$$\frac{22,414 \text{ mL/mol}_4}{64,458 \text{ g/mol}} = \underline{1.39 \text{ mL/g}}$$

- When the total hemoglobin (tHb) is 15 g/dL and the hemoglobin is 100% saturated with O<sub>2</sub>, the O<sub>2</sub> capacity is:

$$\begin{aligned} & 15 \text{ g/100 mL} \times 1.39 \text{ mL/g} \\ &= \underline{20.8 \text{ mL O}_2/100 \text{ mL of blood}} \end{aligned}$$

# Oxygen content

- Oxygen content is the total O<sub>2</sub> in blood and is the sum of the O<sub>2</sub> bound to hemoglobin (O<sub>2</sub>Hb) and the amount dissolved in the plasma (pO<sub>2</sub>)
- Because pO<sub>2</sub> and pCO<sub>2</sub> are only indices of gas-exchange efficiency in the lungs, they do not reveal the content of either gas in the blood.
- If the pO<sub>2</sub> is 100 mmHg, 0.3 ml of O<sub>2</sub> will be dissolved in every 100 ml of blood plasma.
- The amount of dissolved O<sub>2</sub> is usually not clinically significant. However, with low tHb or at hyperbolic conditions, it may become a significant source of O<sub>2</sub> to the tissue. Normally 98-99% of the available hemoglobin is saturated with O<sub>2</sub>.
- Assuming a tHb of 15 g/dL, the O<sub>2</sub> content for every 100 mL of blood plasma becomes:

$$\text{0.3 mL} + (20.8 \text{ mL} \times \text{0.97}) = 20.5 \text{ mL}$$

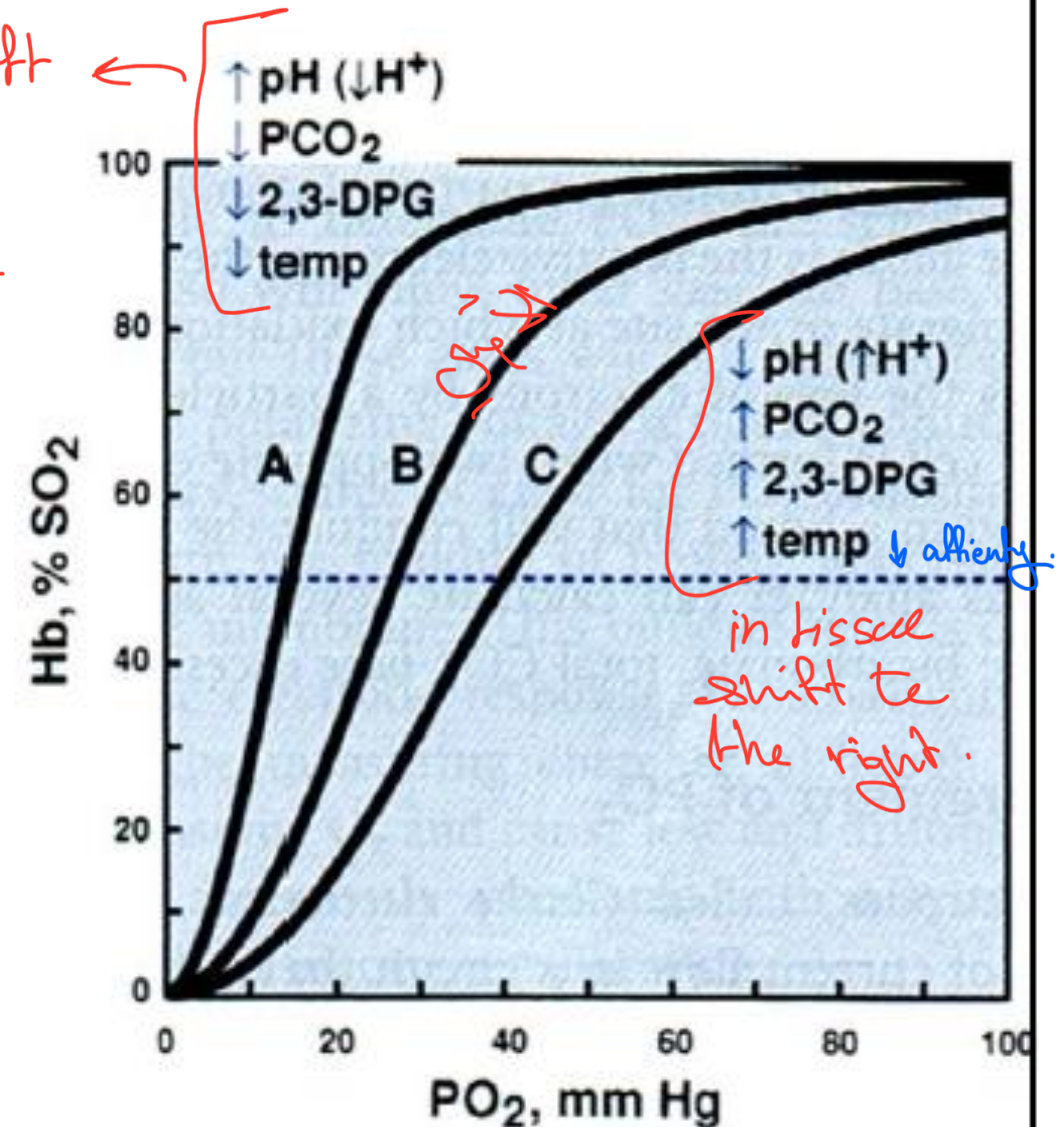
*0.3 mL = dissolved O<sub>2</sub>*

# Hemoglobin-oxygen dissociation

عشائر ينفذ التسهيلات  
الهيم  
-release

➤ 2,3-DPG levels increase in patients with extremely low hemoglobin values and as an adaptation to high altitude.

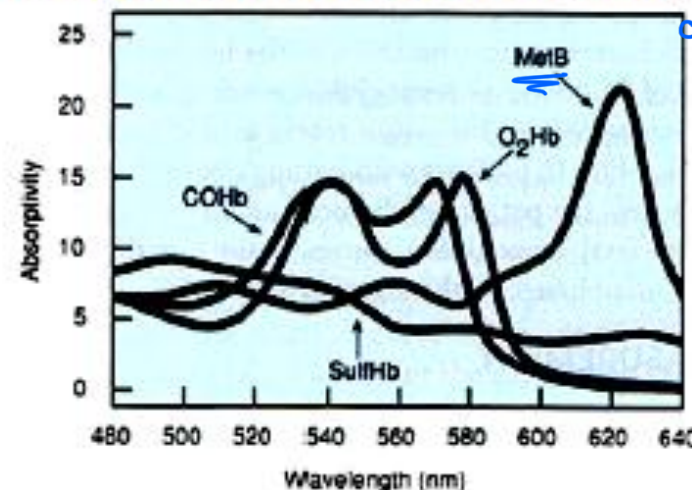
shift  
to  
the  
left



# Measurement

## Spectrophotometric (Co-oximeter) Determination of oxygen saturation

- The actual determination of oxyhemoglobin ( $O_2Hb$ ) can be determined spectrophotometrically using co-oximeter designed to directly measure the various hemoglobin species.
- The number of hemoglobin species measured will depend on the number and specific wavelength incorporated into the instrumentation. For example, two wavelength instrument systems can measure only two hemoglobin species ( $O_2Hb$  and  $Hb$ ), which are expressed as a fraction or percentage of the total hemoglobin.



\* Hb ۳ spectra  
(lambda) مختلفہ رنگوں کے

oxymeter ۲ جہاز لا  
نہیں (کئی wave length)  
بالتکلیف بقدر تقصیر  
مابین deoxy ۲ oxy  
meth.

# Spectrophotometric (Co-oximeters)

## Determination of oxygen saturation

- As with any spectrophotometric measurement, potential sources of errors exist, including:
  - Faulty calibration of the instrument *الcalibration تيجها لدا كانت*
  - Spectral-interfering substances *lambda ماله شوي مع قزله*
- The patient's ventilation status should be stabilized before blood sample collection *لما بتيقن الblood oxygenation في أول ما يوصل ويجعين بجله على الأوكسجين*
- An appropriate waiting period before the sample is redrawn should follow changes in supplemental O<sub>2</sub> or mechanical ventilation *بعد أن عمل الstabilization برد أسبلة مرة ثانية إذا لقيت هذه الoxygenation لما انه ضعيف بزمع نزيه من 30% إلى 50% والثاني*
- All blood samples should be collected under anaerobic conditions and mixed immediately with heparin or other appropriate anticoagulant. *لما لتجنب الO<sub>2</sub> الموجود في الهواء الجوي*
- If the blood gas analysis is not being done on the same sample, EDTA can be used as an anticoagulant *لما لتجنب الO<sub>2</sub> الموجود في الحنية عندما*
- All samples should be analyzed promptly to avoid changes in saturation resulting from the use of oxygen by metabolizing cells' *لما لتجنب الO<sub>2</sub> الموجود في الحنية عندما*



# Blood gas analyzers (pH, pCO<sub>2</sub> and pO<sub>2</sub>)

- Blood gas analyzers (macroelectrochemical or microelectrochemical sensors) as sensing devices
- The pO<sub>2</sub> measurement is amperometric (current flow) related to the amount of O<sub>2</sub> being reduced at the cathode  
*oxidation & Reduction*
- The PCO<sub>2</sub> and pH measurement are potentiometric (change in voltage)  
*by silver chloride*  
*لـ بقيس فرق الـ potential*
- The blood gas analyzer can calculate several additional parameters, bicarbonate, total CO<sub>2</sub>, base excess and SO<sub>2</sub>.

# Measurement of pO<sub>2</sub>

- The primary **source of error** for pO<sub>2</sub> measurement is associated with the buildup of protein material on the surface of the membrane (retards diffusion of O<sub>2</sub>)  
↳ *Hyperproteinemia. له بالتالي يمنع دخول الـ O<sub>2</sub>*
- **Bacterial contamination** within the measuring chamber, although uncommon, will consume O<sub>2</sub> and cause low and drifting values  
*دفع تقلل الكمية الـ O<sub>2</sub> فاقته بالتالي Reduction & oxidation مع يقين كمية أقل من O<sub>2</sub>*
- It is important not to **expose the sample to the room air** when collecting, transporting and making O<sub>2</sub> measurement. *مع يجب الـ O<sub>2</sub> أكثر. Conc O<sub>2</sub> ↑*
- Contamination of the sample with room air (pO<sub>2</sub>, 150 mmHg) can result in significant error  
*aerobic → O<sub>2</sub> ↑*
- Even after the sample is drawn, **sample should be analyzed immediately** as leukocytes continue to metabolize O<sub>2</sub> leading to low PO<sub>2</sub> values  
↳ *WBC's*

# Measurement of pO<sub>2</sub>

- **Cutaneous measurement** for pO<sub>2</sub> also are possible using transcutaneous (TC) electrodes placed directly on the skin.  
↳ semi-invasive  
+ apply heat  
+ conc of O<sub>2</sub> of lambda
- Measurement depends on oxygen diffusing from the capillary bed through the tissue to the electrode. Although most commonly used with neonates and infants

2 factors:-  
زعم الدم الصغير يكون thin

- **Skin thickness** and **tissue perfusion** with arterial blood can significantly affect the results.

- Heating the electrode placed on the skin can **enhance diffusion** of the O<sub>2</sub> to the electrode, however, burns can result unless the electrodes are moved regularly.

ولكن Heat إذا ضل لفترة طويلة  
مع فرق البنية فبعضهم كوا رغير المكان

# Measurement of pH and pCO<sub>2</sub>

→ Reference & Standardized.

- **Two electrodes** (the measuring electrode responsive to the ion of interest and the reference electrode) are needed and voltmeter, which measures the potential difference between the two electrodes.
- The potential difference is related to the concentration of the ion of interest.
- To measure pH, a glass membrane sensitive to H<sup>+</sup> is placed around an internal Ag-AgCl electrode to form a measuring electrode  
• urine في acid يتعذب في salt في urine. → CO<sub>2</sub> & pH.
- **The potential** that develops at the glass membrane as a result of H<sup>+</sup> from the unknown solution diffusing into the membrane's surface is proportional to the difference in [H<sup>+</sup>] between the unknown sample and the buffer solution inside the electrode

## pCO<sub>2</sub>

- An outer semipermeable membrane that allows CO<sub>2</sub> to diffuse into a layer of electrolyte, usually bicarbonate buffer, covers the glass pH electrode. The CO<sub>2</sub> that diffuses across the membrane reacts with the buffer, forming carbonic acid, which then dissociates into bicarbonate plus H<sup>+</sup>
- The change in the activity of the H<sup>+</sup> is measured by the pH electrode and related to pCO<sub>2</sub>
- As with the other electrodes, the buildup of protein material on the membrane will affect diffusion and **cause errors**, pCO<sub>2</sub> electrodes are the slowest to respond because of the chemical reaction that must be completed. Other error sources include erroneous calibration caused by incorrect or contaminated calibration materials

عينة الجهاز نفسه ←  
Calibrating Buffer  
عينة بروتين hyperproteinemia

# Specimen

- Arterial blood specimen is an excellent reference

← يمكن أخذ Venous  
ولكن مثل الـ  $O_2$  يمكن  $CO_2$

- Peripheral venous samples can be used if pulmonary function or  $O_2$  transport is not being assessed (the source of the specimen must be clearly identified)

$HCO_3^-$   
في الدم  
أخذ source

- Depending on the patient, capillary blood may need to be used to measure pH and pCO<sub>2</sub>

ملف في عينة correlation الـ  $pCO_2$  بين

Capillary & arterial

- Although the correlation with arterial blood is good for pH and pCO<sub>2</sub>, capillary pO<sub>2</sub> values even with warming of the skin before drawing the sample, do not correlate well with the arterial pO<sub>2</sub> values as result of sample exposure to room air

ولكن الـ  $O_2$  لا  
لا

- Sources of error in the collection and handling of blood gas specimens include the collection device, form and concentration of heparin, speed of syringe filling, maintenance of the anaerobic environment, mixing of the sample to ensure dissolution and distribution of the heparin anticoagulant, and transport and storage time before analysis

heparinized  
tube  
or  
syringe

كيف عينة  
بروكة مثل بطارية

← لا تترك عينة إذا انتزعت فترة يعيد الـ  $O_2$  فاعيد استعماله .



# Interpretation of results

- Laboratory professionals need certain knowledge, attitude and skills for obtaining and analyzing specimens for pH and blood gases.
- Simple evaluation of the data may reveal an instrument problem (possible bubble in the sample chamber or fibrin plug)
- A possible sample handling problem (PO<sub>2</sub> out of line with previous results and current inspired FiO<sub>2</sub> levels)
- The application of knowledge saves time. The ability to correlate data quickly reduces turnaround time and prevents mistakes.