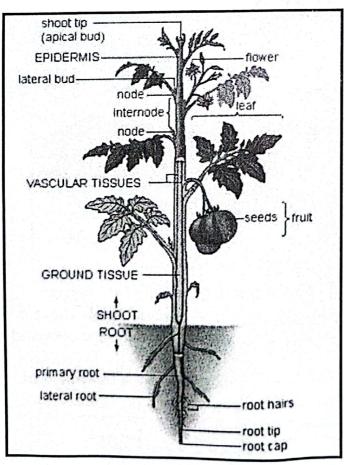
# Pharmacognosy Morphology of different parts of medicinal plants

Dr. Rand Shahin References: Prof. Madiha AminHassan Prof. Talal Abu rujai Dr. Jamila Dibbas

28:30

## A flowering plant



Epidermis: The epidermis consists of a single layer of cells covering the whole plant. Epidermal cells show great variety in form, giving characteristic patterns when seen in surface view (straight, wavy, beaded,... walls.

- A tissue is an aggregation of cells of common source, structure and function in intimate union
- Classification of plant tissues:
- Tissues may be classified into

#### A. Simple plant tissue

Those composed of one kind of cell only. E.g. parenchyma and collenchyma.

### B. Complex plant tissue

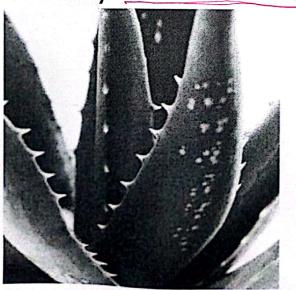
• Those made up of two or more kinds of cells. E.g. xylem and phloem.

ع بنقل العذر و

## A) Leaves

• Aloe : (الصبار ) Aloe vera

Family: Xanthorroeaceae





active constituent

The juice of Aloes contained in the large pericyclic cells of the leaves. When the leaf base is cut, the juice flows out and collected

Aloe is recommended for the treatment of atonic constipation and suppressed menstruation.

م بیکن البراز کامیم

## A) Leaves Tea (Black/Green) الشاي

• Camellia sinensis F. Theaceae.

• black tea-fully fermented leaves that are roasted (40mg caffeine/cup).

•green tea-steamed, dried, non fermented leaves (20mg/cup).

green tea contains higher concentrations of the active catechin constituents compared to

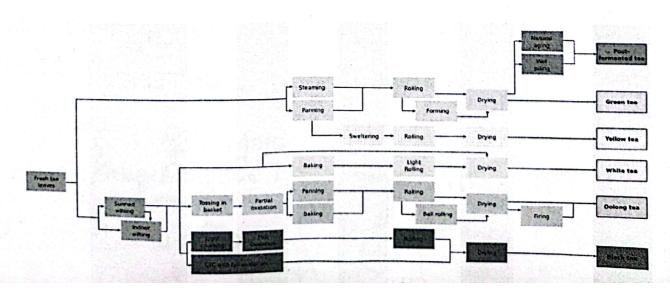
black tea.





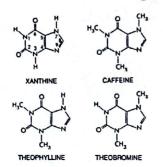


## Tea preparation



### A) Leaves الشاي (Black/Green)

Camellia sinensis F. Theaceae.



#### PHARMACOLOGICAL ACTIONS

- BLACK TEA: Claimed to Protect against ischemic heart disease.
- GREEN TEA: Antioxidant capacity; decreases serum concentrations of total cholesterol, triglyceride
- Standardized Preparations: Activate thermogenesis and fat oxidation.
  - Black and green tea: Increase plasma antioxidant capacity;

الطمع المكابعة المكابع

- Active constituents:
- 1. Polyphenols (Tannins: Catechins) epicatechin, epigallocatechin
- 2. Alkaloids purine group

(Xanthine derivatives):

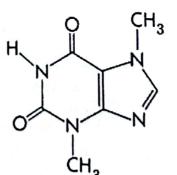
- 1) Caffeine 2-4% CNS stimulant.
- 2) Theophylline bronchodilator.
- 3) Theobromine diuretic.
- 3. Inorganic Ions: fluoride (130-160 mg/kg), potassium, aluminum
- 4. Other Ingredients: flavonoids, caffeic acid derivatives

**XANTHINE** 

THEOPHYLLINE

ĆH<sub>3</sub> 1,3,7 \_substituted methy/ group

CAFFEINE



**THEOBROMINE** 

3,7

### **Tannins**

- Are astringent and bitter-tasting plant polyphenols that bind and precipitate proteins
- The term tannin refers to the source of tannins used in tanning animal hides into leather.
- However, the term is widely applied to any large polyphenolic compound containing sufficient hydroxyls and other suitable groups (such as carboxyls) to form strong complexes with proteins and other macromolecules. Tannins have molecular weights ranging from 500 to over 3000.

# A) Leaves Sage.

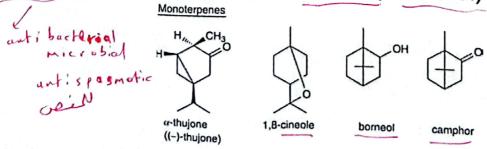


latine name

• Salvia officinalis L. Family: (Labiatae/Lamiaceae)

#### **Constituents**

- Acids: Phenolic caffeic, chlorogenic, and rosmarinic.
- Flavonoids.
- Tannins
- •Volatile oil: 1–2.8%. Major components are  $\alpha$  and  $\beta$ -thujones. Others include 1,8-cineole, borneol, camphor.



Pharmacological Actions

1)Antispasmodic activity.

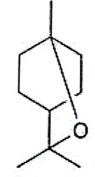
2) Anticholinesterase activity Early herbals claim that sage enhances the memory. The anticholinesterase activity of several Salvia species have been investigated in the search for new drugs for the treatment of Alzheimer's disease

3) Antimicrobial and antiviral activity Antimicrobial activity of the volatile oil has been attributed to the thujone content.

### Volatile oils

#### Monoterpenes

α-thujone ((-)-thujone) 150 prene



1.8-cineole

borneol

camphor

# Peppermint leaf



Origin: is the dried leaves of Mentha x piperita:

Labiatae

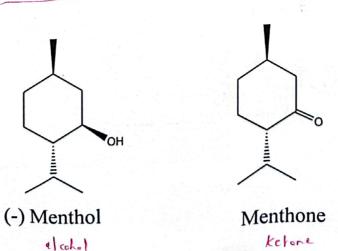
 It has an initially <u>burning taste</u> and cool aftertaste, especially when air is drawn in through the mouth.

### Contents

 The essential oils of the Labiatae family are synthesized in the cells of the glandular trichomes.

• Contains not less than 1.2% V.O.

- 44% menthol (Form in nature and crystalline)
- 15-32 % menthone
- 4.5-10% menthyl acetate esters
- 6-12% tannins, flavonoids, triterpenes and other bitter principles



# Preparation of peppermint oil:

• Steam distillation of the fresh or dried herb to obtain a colorless to pale green liquid with a pungent odor of peppermint.



- Small perennial evergreen shrub
- Narrow leaves have a spicy, pine-like flavor
- Not winter hardy in Illinois
  - Grow in pots
- Propagate from stem tip cuttings

stem 11 in Silver



# (اكليل الجبل ، حصالبان) Rosemary

- A silvery evergreen shrub that originated in the Mediterranean region and is now grown worldwide.
- Rosemary (Rosmarinus officinalis) is known both as a culinary and healing herb.

### Rosemary

- Uses:
- Memory aid: The herb's enduring reputation as a memory aid may in part be due to:
  - Its high concentrations of health-promoting antioxidants. These compounds help to protect the brain and other parts of the body against unstable oxygen molecules, called free radicals, which can damage cells in the body.
  - Rosemary may also <u>sharpen memory</u> by helping to prevent the breakdown of neurotransmitter acetylcholine.



## Rosemary

**Topical uses:** 

Rosemary oil, which is steam-distilled from the plant's pale blue flowers, may help soothe muscle sprains, strains, and arthritic joints.

The oil contains camphor a skin irritant that can menter pine increase blood circulation to the skin when applied

C10 32 15 Pertopically.

aromatic oil is frequently added The preparations: one recent trial found that rosemary oil, when combined with thyme, and lavender oils in a neutral carrier oil (jojoba) may help to lessen a type of hair loss called alopecia areata.

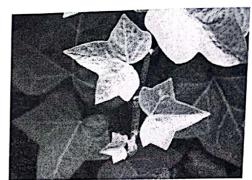
Rosemary

Internal uses:

- Herbalists often suggest capsules containing rosemary oil along with the essential oils of oregano and thyme for the treatment of yeast (Candida) overgrowth in the intestines.
- rosemary has apparent use as antibacterial and antifungal properties.

Hederae folium is used for the treatment of respiratory tract diseases with intense mucous formation, respiratory tract infections and in irritating cough which stems from common cold.

The major compounds responsible for the biological activity are triterpene saponins. Ivy leave extracts exhibit pasmolytic/antispasmodic, anti-inflammatory, antimicrobial, analgesic, anthelmintic, antitypanosomial, antileishmanial, antitumor, antimutagenic, moluscocidal, antioxidant and antithrombin activities.



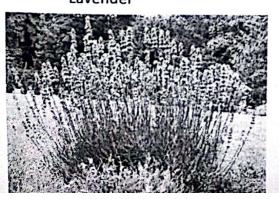
اللبلاب مهم جدا في علاج كل ما يتعلق بالجهاز التنفسي و امراض الصدر و امراض الجهاز الهضمي ، و هناك نوع من اللبلاب سام جدا عند ملامسته و هو اللبلاب ذات الاوراق الحمراء اما ذات الاوراق الحمراء اما ذات الاوراق الحمراء اما

## B) Flowers:

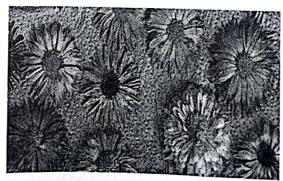
Saffron رنحوُان



Lavender



Calendula



Chamomile



اكسامة المراسي

- Explain the term, 'Hay Fever'.
- Inhalant plant allergens come in contact of the nasal and buccal mucosa during respiration. The symptom is restricted to the nasal mucosa and manifested by sneezing, lacrimation, itching and swelling of nose and eyes. This condition is known as hay fever or sinusitis.



# البابونج Chamomile

n German



- According to pharmacopoeia we have 2 types of chamomile:
- Roman chamomile: is used mainly in Europe, Chamaemelum nobile

Family: (Asteraceae/Compositae).

- It has thin petals and intense at the center.
- 2. **German chamomile**: Matricaria chamomilla. Family: Asteraceae/Compositae

it has wide petals and outspread from the center.

\_ C15 → scrquiterfores

• Chamomoile contain a compound called matricin that converts during distillation it to another compound called Chamazulene( chama: from chamomile, azue: from blue color).



# البابونج :(Chamomile(German

Matricaria chamomilla. Family: Asteraceae/Compositae

Part(s) Used: Flower head properites for chanomile

healing and antion Platrates Active constituents:

benzo-2-pyrone C6C3 phenyl propyl derivative

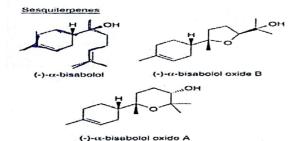
Coumarins: Umbelliferone and its methyl ether, heniarin.

• Flavonoids: Apigenin, luteolin, quercetin, and rutin. anti spas motic and carminative

Volatile oils: Pharmacopoeial standard not less than 4 mg/kg blue oil. Main components are )-(-α-bisabolol (up to 50%) and chamazulene (blue) (1–15%).

Other constituents: sesquiterpenes (e.g. matricarin and matricin).

Chamazulene is formed from matricin during steam distillation of the oil. It varies in yield depending on the origin and age of the





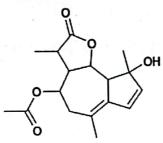
<sup>o H</sup>Sesqueterpens are class of terpenes that consist of three isoprene units (15 Carbons), so we can get these compounds from many types of plant tissues, specially Asteraceae family plant tissue

Acetylenes Coumaring

Flavonoide

# البابونج :(Chamomile(German)

• Matricine is a tricyclic sesquiterpenoidal compound that contain furan ring, during distillation process the furan lactone will be open due to high temperature and convert it to carboxylate called chammazulene carboxylic acid, also we remove a carbon atom in carboxylate gp in matricin, by this we have bicyclic structure contain 14 carbon, so chamazulene is not naturally compound and not a sesquiterpens.



Matricine

Chamazulene

- Coumarin and the other members of the coumarin family are benzo-α-pyrones, while the other main members of the benzopyrone group, the flavonoids contain the γ-pyrone group.
- Coumarins may also be found in nature as glycosides.

$$\begin{array}{c|c}
5 & 4 \\
7 & 2 \\
8 & 1
\end{array}$$

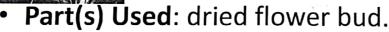
benzo - 2 - pyrone

# Pharmacological activity of Chamomile

- All these compounds are responsible for the pharmacological activity, so we use chamomile as antispasmodic and carminative (orally use) due to the activity of flavonoids, while topical use as anti-inflammatory,
- also it's used in teething pain in pediatric, antiseptic, it has hypnotic effect so help u to sleep, also we use it as antacid.



Clove (القرنفل) Syzygium aromaticun Family: Myrtaceae



Active Constituents:

• Clove bud: oil containing Eugenol (90%), Eugenyl acetate, β-caryophyllene.

- Other components like methylsalicylate, methyleugenol and benzaldehyde.
- Herbal Use
- toothache remedy and counter-irritant.



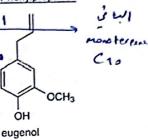


(القرنفل) Clove (القرنفل) Syzygium aromaticum Family: Myrtaceae



• The <u>distinctive odour</u> of the clove is due to the presence of Eugenol

 It's phenylpropene structure and there are hydroxyl and methoxy groups ortho- to-each other.



• The problem of this plant: it <u>mustn't be used with</u> any anti-coagulant drug, so the dentist must be sure to use clove-free compounds if the patient use anti-coagulant drug to prevent the bleeding.

## Categories of Volatile oils

 Monoterpene-rich volatile oils Some examples:

• Peppermint oil • Lavender oil • Lemon oil • Camphor • Thyme oil • Turpentine oil

Phenylpropane-rich Volatile Oils Some
 examples: 

 Cinnamon oil
 Anise oil
 Fennel
 Oil
 Clove oil
 Nutmeg oil
 Peru balsam
 Tolu balsam

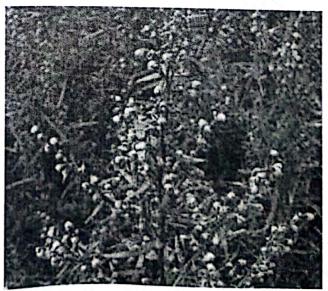


# Artemisia cina الشيح الخرساني

- Artemisia cina BERG. Family: Asteraceae/Compositae.
- Part Used: dried, unexpanded flower heads
- Active Constituents---The chief constituent of Wormseed is a crystalline bitter principle, Santonin:
  - Artemisia cina should be colleected in July and August since Santonin attains its maximum at this tome of the year
  - Artemisia cina also named as wormseed contains another bitter principle, <u>Artemisin</u>, and a yellow volatile oil <u>cineol</u>.

# الشيح الخرساني Artemisia cina





# الشيح الخرساني Artemisia cina

- Herbal action and Uses
- Santonin acts as a direct poison to parasites, and is used as a remedy for round-worms, which it rapidly expels; it has also an effect on thread-worms to a lesser degree, but has no action on tapeworms.
- Dosage: Santonin lozenges, B.P.
- As a rule, when a single dose is to be given, it should be administered upon an empty stomach, and the patient should refrain from eating for a short time afterward. A purgative should precede and follow its use.

## **Toxicity**

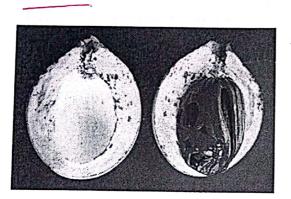
• • Several cases are on record of fatal toxicity poisoning by Santonin.

 Santonin produces vision disturbances, objects first appears blue then yellow, the absorbed santonin renders urine intense yellow if acidic, while purplish yellow if alkaline.

busic

# C) <u>Seeds:Nutmegs</u> جوزة الطيب Myristica fragrans Myristicaceae

- القشرة الرفيعة الداخلية التي تغطي الجدار الداخلي لثمرة جوزة الطيب: Mace
- Nutmeg: usually used as complete fruit but the V.O. is obtained from the seeds or kernel.
- The oil of the nutmeg is very expensive because the fruits need long time to be
- mature and they are very light, so when the farmer cultures large number of the plant trees he will have small weight of the fruits (nutmeg)..



CH<sub>2</sub>

CH<sub>3</sub>

H<sub>3</sub>C

H<sub>3</sub>C

myristicine

H<sub>3</sub>CO OCH<sub>3</sub>

elemicin



myristicine

elemicin

# الطيب Nutmegs Myristica fragrans Myristicaceae

- To have oil has similar odor to the nutmeg oil, they take the mace.
- In the US it's used by prisoners as alternative to hallucinogenic compounds, so it's called prison opium because it gives the same effect of the opium.
- The effect of nutmeg is similar to that of atropine, the only difference between them is that atropine causes mydriasis but nutmeg causes miosis يقلل التوسع الحدقي
- They study the ability of use nutmeg as flavouring agent due to the presence of myristicine and elemicin.

elemicin

# Nigella sativa

Medicinal Uses (Black Cumin) —

This herb apparently may be even more important to the Muslims than to the Christians and Jews.

يقول رسول الله - صلى الله عليه وسلم إن في الحبة السوداء شفاء من كل داء إلا السأم. إخرجه

البخاري

According to an Arab proverb, "in the black seed is the medicine for every disease except death." ظارد النسازات

Small wonder that the literature regards it as carminative, diaphoretic, digestive, diuretic, emmenagogue, excitant, lactagogue, laxative,

resolvent. stimulant. stomachic. and tonic.





Latest Research on Gluco

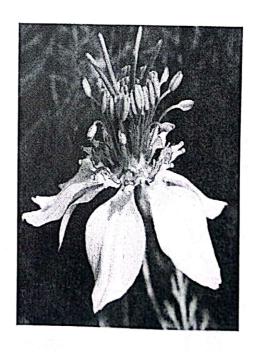
Nigella sativa (Black seed)





Antidiabetic Activity of Nigella sativa Seed Extract in Culturec Pancreatic β-cells, Skeletal Muscle Cells, and Adipocytes

Pharmaceutical Biology; Jan2008, Vol. 46 Issue 1/2, p96-104

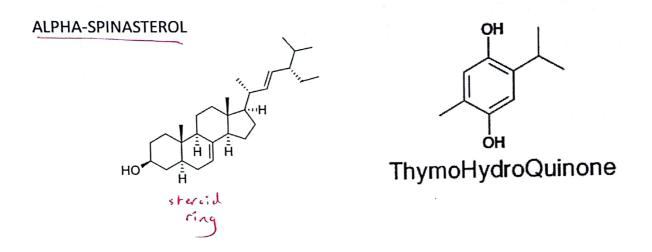


prolactive



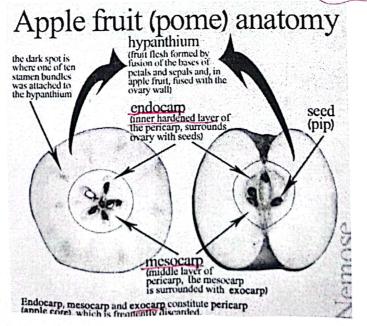
Chemicals and their Biological Activities in: Nigella sativa L. (Ranunculaceae) -- Black Caraway, Black Cumin, Fennel-Flower, Nutmeg-Flower, Roman Coriander

- ALPHA-SPINASTEROL Seed: Antiinflammatory
- ASPARAGINE Seed: Diuretic
- CAMPESTEROL Seed: Antioxidant; Hypocholesterolemic
- CARVONE Seed; Antiacetylcholinesterase; Antiproliferative; Antiseptic
- HEDERAGENIN Seed: Allergenic; Anticapillary-Fragility; Antiedemic; Antifibrinolytic;
   PHYTOSTEROLS Seed: Antiprostatotic; Hypocholesterolemic
- THYMOHYDROQUINONE Seed: Antibacterial MIC=6.25-100 ug/ml;
- THYMOQUINONE Seed: Antiarthritic; Antiasthmatic; Antibacterial; Antibronchitic;



## D) Fruits:

 Matured and ripened ovaries. Holds and protects the seeds until they mature.



# اليانسون Anise



Pimpinella anisum L. Family: Umbelliferae or Apiaceae.

 The medicinal parts are the essential oil from the ripe fruit and the dried fruit.

Active constituents:

• Volatile oil (2 to 6%): chief constituent transanethole (94%),

• <u>Coumarins</u> مسۇرل س

oder Arise N

distinctive

### اليانسون Anise

micus Il capia mocolytic

Herbal Uses:

• The drug is said to have an expectorant, mildly spasmolytic and antibacterial effect based on the essential oil.

- Common cold
- Cough/bronchitis

## اليانسون Anise

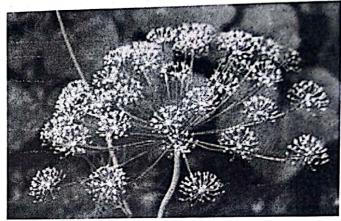
The main constituent is **Anethole**, it's a phenylpropene, para to it is a methoxy group, this compound is responsible for **the anise odor and many biological effects**, a problem is during storage a molecule of the anethole is combined to another molecule of Anethole by the propene side chain to form a dimeric compound, **this dimmer binds to the estrogen receptors** (has estrogen-like receptors), so anyone who takes estrogen like combination pills contraceptive that contains estrogen in microgram with anise that's improperly stored in high temperatures or for long periods, a competition between the dimmeric estrogen-like compound with estrogen is responsible for the failure of contraception when large amounts of the anise is used, and the treatment will be unsuccessful.

anise is available as oil or the anethole is added to the cough suppressants, it reduces the trachea contractions and reduces irritation that causes the cough.

- Mainly used as a flavoring agent in the pharmaceutical industry, especially for indigestion products like Gaviscon® to provide a better taste for the formula.

# **Examples of Umbellifera (Apiaceous)**





# Caraway (Carum carvi)

Characteristics

Biennial in carrot family

Usually grown for its seed

 Only require a few plants to have enough seed for a family

 Seeds will shatter when fully mature

> Cut off seed stalk when seeds turn brown and place inside a bag

Only required to have en a family

Seeds will fully matu

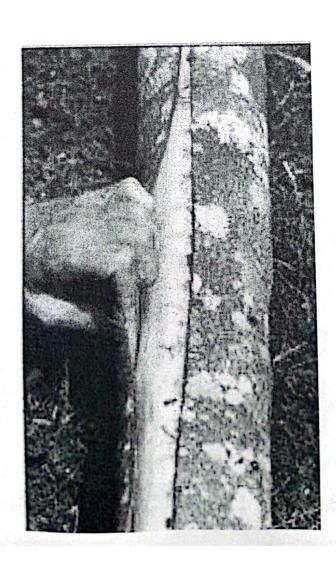




# E) Barks



- Definition:
- Barks consists of all the tissues outside the cambium of the stem or the root of the medicinal plant.
- Collection and Preparation:
- Barks are collected either from stems or roots by making transverse and longitudinal incisions and peeling the outer layers (layers outside the cambium).
- Barks are best collected in the spring (why?)
- They are sun-dried, and some barks are decorticated (e.g. Cinnamon).



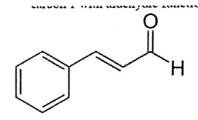
# Cinnamomum aromaticum Nees (Lauraceae) CASSIA, CASSIA BARK, CASSIA LIGNEA, CHINA JUNK CASSIA, CHINESE CASSIA,

## CHINESE CINNAMON, SAIGON CINNAMON

- Synonym Cinnamomum cassia auct.
- In South China, it is grown in a moderately cool climate, annual rainfall ca. 1200–1300 mm, elevation mostly 90–300 m, usually propagated by cutting but sometimes
- Chemistry (Cassia) —Here are a few of the more notable chemicals found in cassia.

• Cincassiol-— Antiallergic.

- Cinnamaldehyde Orally, cinnamaldehyde stimulates the CNS at low doses and inhibits it at high doses
- Cinnamic-ACID also found in Cinnamomum verum.
- Trans-Cinnamaldehyde



#### Herbal Use

- Cinnamon is stated to possess
   antispasmodic, carminative antimicrobial and anthelmintic properties..
- Cinnamon bark may possess a potentiating effect on insulin (Khan et al., 1990), and can be useful in the treatment of type 2 diabetes; as well as lowering triglyceride levels and serum cholesterol (Jayaprakasha et al., 2002).

and glucose

- Cinnamon is mainly used at winter because it's carminative, antispasmodic, exerts a warming effect due to it's vasodilatation effect.
- Contraindicated in the first trimester of pregnancy because it can increase the risk of abortion due to it's uterine stimulating effect.

 Also used traditionally to induce menstruation.

(PEOS)
Polycystic ovari syndrome

#### Cinnamon



Cinnamon foliage

#### Scientific classification

Kingdom: <u>Plantae</u>

Division: <u>Magnoliophyta</u>

Class: <u>Magnoliopsida</u>

Order: <u>Laurales</u>

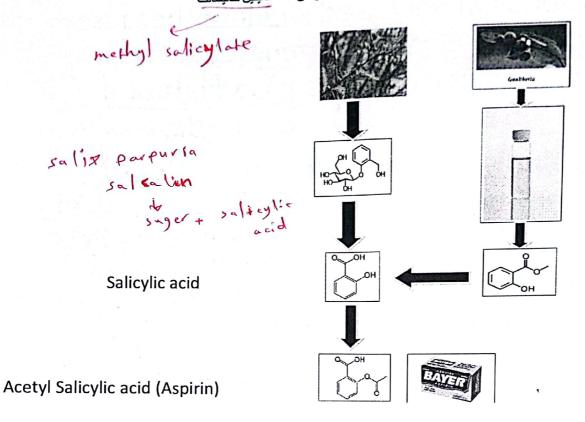
Family: <u>Lauraceae</u>

Genus: <u>Cinnamomum</u>

Species: C. zeylanicum

effect )1 mé

يحتوي لحاء الصفصاف على مادة الساليسيلين الفعالة في تسكين الأثم. وقد سميت هذه المادة بهذا الإسم نسبة إلى الجنس النباتي ساليكس وهو الجنس الذي ينتمي إاله نبات الصفصاف. ويوجد مركب آخر م ابه لمادة بهذا الإسم نسبة إلى الجنس الساليسيلات الذي يتواجد في النباتات التي تنتمي إلى نوع الجولثيريا في زيت الوينتر جرين. أما بالنسبة لعقار الاسبرين فقد قام بتصنيعه عالم ألماني يعمل ادى شركة باير، وهو من أطلق عليه اسم الاسبيرين و هنال طريقتان لتصنيع الاسبرين أو الاستيل ساليساتت ساليسيلات، إمّا من مادة الساليسيلين أو أو من مادة الميثيل ساليساتت



# F) Roots & Rhizomes Rhizome is horizontal stem growing under or sub soil surface.

Common name	e Arabic nan	ne Binomial name	Family
Ginger root	الزنجبيل	Zingiber officinale	Zingiberaceae.
Ginseng root	الجنسنغ	Panax ginseng (Asian)	Araliaceae
Rhubab rhizome	الراوند	Rheum officinale	Rubaceae

# Ginger (Zingiber officinale)

- from the rhizome
- Over 12 compounds with antioxidant activities greater than vitamin E - very strong antioxidant
- anti-tumor
- anti-emetic (inhibits vomiting)



#### Ginseng

- The roots of the herbaceous plants <u>Panax</u> ginseng (Araliaceae)
- Indogenous to China, Korea and Russia,
- Panax species have been widely used for the treatment of a number of diseases, including anaemia, diabetes, gastritis, insomnia, and sexual impotence, and as a general restorative.

العج الحسنس

Total and is

• The dried and usually peeled root provides white ginseng, whereas red ginseng is obtained by steaming the root, this process generating a reddish-brown caramel-like colour.

 Ginseng is classified as an 'adaptogen', helping the body to adapt to stress, improving energy and concentration, and providing a normalizing and restorative effect. It is also widely promoted as an aphrodisiac.

improve sextual improve sextual

 Long-term use of ginseng can lead to symptoms similar to those of corticosteroid poisoning, including hypertension, nervousness and sleeplessness in some subjects, yet hypotension and tranquillizing effects in others.

6 iso prent

• These are derivatives of two main aglycones, protopanaxadiol and protopanaxatriol, though the aglycones liberated on acid hydrolysis are panaxadiol and panaxatriol respectively.

### **Actions and Uses**

- Ginseng has been found to:
- protect the body & nervous system from stress adaptagen
- stimulate & increase metabolic function
- increase physical & mental efficiency
- lower blood pressure & glucose levels when they are high, and raise them (blood pressure & glucose levels) when they are low.
- The German Commission E approved ginseng as a tonic for fortification in times of fatigue and debility or declining capacity for work and concentration. Also approved ginseng for use during convalescence.

as Leil



## G) Bulb

Bulb is a specialized underground organ consisting outer scales of that are fleshy & contains reserve food materials.



# (بصل العنصل) Squill

•Origin: it is the dried, sliced bulbs of Urginea maritima Linn. Family Liliaceae. • Active

**Constituents:** 

twesager Jack Cardiac glycosides: Scillaren A and proscillaridin A (major constituents); others include glucoscillaren A, scillaridin A. -> aglycon part for scillaren A (nonsugar part)

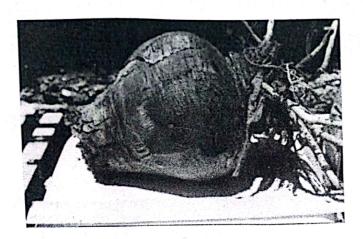
 Scillaren B represents a mixture of the squill glycosides.

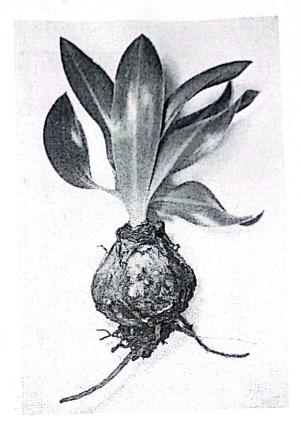
 Flavonoids: Apigenin, isovitexin, luteolin & quercetin. Other constituents: Stigmasterol.





### Part used:





Laxable

• Squill is stated to possess expectorant, catharticle emetic, cardioactive and diuretic properties.

 Traditionally, it has been used for chronic bronchitis, asthma with bronchitis, whooping cough, and specifically for chronic bronchitis with scanty sputum.

 The aglycone components of the cardiac glycoside constituents possess digitalis-like cardiotonic properties.

•The squill has shown to have cardiac effects similar to digoxin, including positive inotropic (increase the strength of muscular contraction) and negative chronotropic effects (decrease heart rate)

increase heart rate

## Constituents

- Crystalline glycoside, scillaren A.
- Mixture of glycosides Scillaren B, Scillaren A.



- On enzyme hydrolysis with scillarenase give Proscillaridin A and glucose.
- Under acid hydrolysis give scillaridin A (Scillarenin) and Scillabiose (Scillabiose consist of glucose and rhamnose).

### Scillarins

