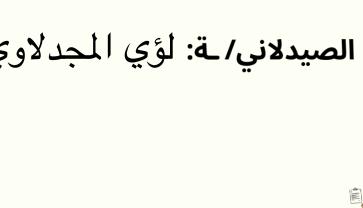




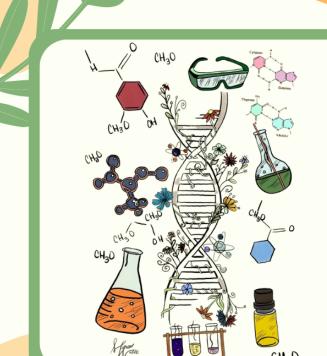
اسم الموضوع: Chapter 4 part two

إعداد الصيدلاني/ة: لؤي المجدلاوي









## C) Seeds:<mark>Nutmegs</mark> جوزة الطيب *Myristica fragrans* Myristicaceae

المشرة الرفيعة الداخلية التي تغطي الجدار الداخلي لثمرة جوزة الطيب Mace: المعناء

- Nutmeg: usually used as complete fruit but the V.O. is obtained from the seeds or kernel.
- The oil of the nutmeg is very expensive because the fruits need long time to be
- mature and they are very light, so when the farmer cultures large number of the plant trees he will have small weight of the fruits (nutmeg)..



$$CH_2$$
 $CH_3$ 
 $H_3CO$ 
 $OCH_3$ 
 $H_3CO$ 
 $OCH_3$ 
 $OCH_3$ 



$$H_3CO$$
 $OCH_3$ 
 $H_3CO$ 

myristicine

elemicin

## جوزة الطيب Nutmegs

Myristica fragrans Myristicaceae
المعرفيا يستخبر من اللب و لكن ٧ نه قليل قد تستخبر الفيشرة أصانا
• To have oil has similar odor to the nutmeg oil, they take the mace.

In the US it's used by prisoners as alternative to hallucinogenic compounds, so it's called prison opium because it gives the same \* تستخدم كما دة معلوسة بدلامن السهدة محادة معلوسة بدلامن السهدة المستخدم

The effect of nutmeg is similar to that of atropine, the only difference between them is that atropine causes mydriasis but nutmeg causes \* ايضا نفس تأشيرال ofropin ما عدا توسع الحدقة يعمل العكس تقله يقلل التوسع الحدقي miosis

They study the ability of use nutmeg as flavouring agent due to the presence of myristicine and elemicin.

#### حبة البركة

## Nigella sativa

- **Medicinal Uses (Black Cumin)** —
- This herb apparently may be even more important to the Muslims than to the Christians and Jews.
- يقول رسول الله صلى الله عليه وسلم إن في الحبة السوداء شفاء من كل داء إلا السأم. إخرجه البخاري
- According to an Arab proverb, "in the black seed is the medicine for every
- disease except death."

  معرق النفخة اليس من المستغرب ان يعتبره الادب Usease except death."

  Small wonder that the literature regards it as carminative, diaphoretic, digestive, diuretic, emmenagogue, excitant, lactagogue, laxative ملين resolvent, stimulant, stomachic, and tonic.

(Black seed)



### Latest Research on GlucoShifa

### Nigella sativa

(Black seed)

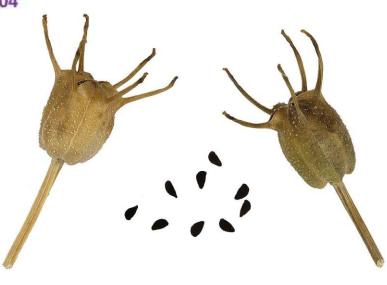




Antidiabetic Activity of Nigella sativa Seed Extract in Culturec Pancreatic β-cells, Skeletal Muscle Cells, and Adipocytes

Pharmaceutical Biology; Jan2008, Vol. 46 Issue 1/2, p96-104





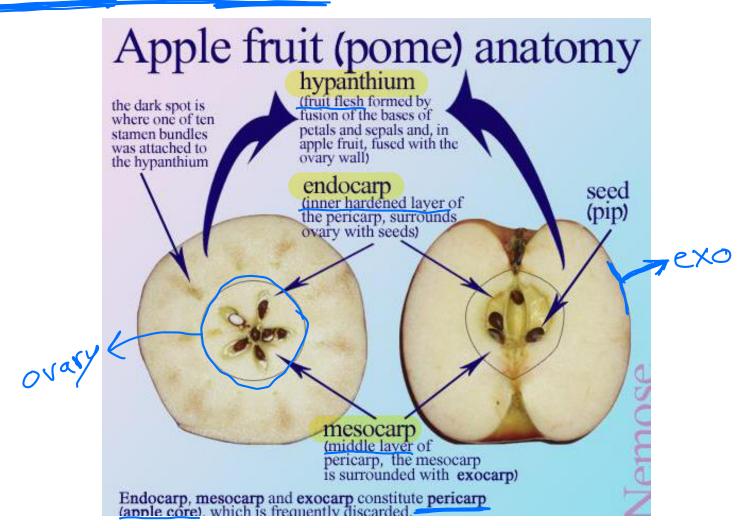
ugles vis X

### Chemicals and their Biological Activities in: *Nigella sativa* L. (Ranunculaceae) -- Black Caraway, Black Cumin, Fennel-Flower, Nutmeg-Flower, Roman Coriander

- ALPHA-SPINASTEROL Seed: Antiinflammatory
- ASPARAGINE Seed: Diuretic
- CAMPESTEROL Seed: Antioxidant; Hypocholesterolemic
- **CARVONE** *Seed*; Antiacetylcholinesterase; Antiproliferative; Antiseptic
- HEDERAGENIN Seed: Allergenic; Anticapillary-Fragility: Antiedemic; Antifibrinolytic;
   PHYTOSTEROLS Seed: Antiprostatotic; Hypocholesterolemic
- **THYMOHYDROQUINONE** *Seed*: Antibacterial *MIC=6.25-100 ug/ml*;
- THYMOQUINONE Seed: Antiarthritic; Aptiasthmatic; Antibacterial; Antibronchitic;

## D) Fruits:

 Matured and ripened ovaries. Holds and protects the seeds until they mature.



### اليانسون Anise



- Pimpinella anisum L. Family: Umbelliferae or Apiaceae.
- The medicinal parts are the essential oil from the ripe fruit and the dried fruit.
- Active constituents:
- Volatile oil (2 to 6%): chief constituent trans-
- anethole (94%), Antibactivial
  - Coumarins

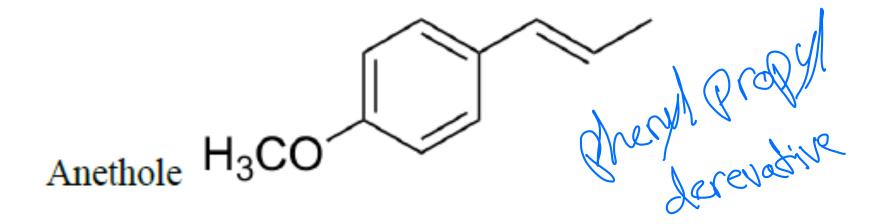
### اليانسون Anise

- Herbal Uses:
- The drug is said to have an expectorant, mildly spasmolytic and antibacterial effect based on the essential oil.
- Common cold
- Cough/bronchitis

### اليانسون Anise

 The main constituent is Anethole, it's a phenylpropene, para to it is a methoxy group, this compound is responsible for the anise odor and many biological effects, a problem is during storage a molecule of the anethole is combined to another molecule of Anethole by the propene side chain to form a dimeric compound, this dimmer binds to the estrogen receptors (has estrogen-like receptors), so anyone who takes estrogen like combination pills contraceptive that contains estrogen in microgram with anise that's improperly stored in high temperatures or for long periods, a competition between the dimmeric estrogen-like compound with estrogen is responsible for the failure of contraception when large amounts of the anise is used,

and the treatment will be unsuccessful. وه Anethok 2 مع مع المستر وهذا العرض بسبب وهذا العرض بسبب وهذا العرض بسبب وهذا العرض الد الموجوب التغذين وهذا العرض بسبب ومنا العرض المحتاجة المعانية اخذه مع المعانية ومنا العرض سيسبب خلل في عملا



anise is available as oil or the anethole is added to the cough suppressants, it reduces the trachea contractions and reduces irritation that causes the cough.

- Mainly used as a **flavoring agent** in the pharmaceutical industry, especially for indigestion products like Gaziscon to provide a better taste for the formula.

## **Examples of Umbellifera (Apiaceous)**





## Caraway (Carum carvi)

Usually grown for its seed

 Only require a few plants to have enough seed for a family rich in seeds

 Seeds will shatter when fully mature

> Cut off seed stalk when seeds turn brown and place inside a bag



## E) Barks

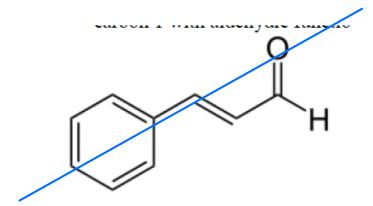
- Definition:
- Barks consists of all the tissues outside the cambium of the stem or the root of the medicinal plant.
- Collection and Preparation:
- Barks are collected either from stems or roots by making transverse and longitudinal incisions and peeling the outer layers (layers outside the cambium).
- Barks are best collected in the spring (why?)
- They are sun-dried, and some barks are decorticated (e.g. Cinnamon).



# Cinnamomum aromaticum Nees (Lauraceae) CASSIA, CASSIA BARK, CASSIA LIGNEA, CHINA JUNK CASSIA, CHINESE CASSIA,

#### CHINESE CINNAMON, SAIGON CINNAMON

- Synonym Cinnamomum cassia auct.
- In South China, it is grown in a moderately cool climate, annual rainfall ca. 1200–1300 mm, elevation mostly 90–300 m, usually propagated by cutting but sometimes
- Chemistry (Cassia) Here are a few of the more notable chemicals found in cassia.
- Cincassiol— Antiallergic.
- المانية عليه والمركزي المركزي المركزي
- (3) Cinnamic-ACID also found in Cinnamomum verum.
- Trans-Cinnamaldehyde



### Herbal Use

- Cinnamon is stated to possess
   antispasmodic, carminative antimicrobial and anthelmintic properties..
- Cinnamon bark may possess a potentiating effect on insulin (Khan et al., 1990), and can be useful in the treatment of type 2 diabetes; as well as lowering triglyceride levels and serum cholesterol (Jayaprakasha et al., 2002).

- Cinnamon is mainly used at winter because it's carminative, antispasmodic, exerts a warming effect due to it's vasodilatation effect.
- - Contraindicated in the first trimester of pregnancy because it can increase the risk of abortion due to it's uterine stimulating effect.
- Also used traditionally to induce menstruation.

### Cinnamon



hib sies sie

Cinnamon foliage

**Scientific classification** 

Kingdom: Plantae

Division: <u>Magnoliophyta</u>

Class: <u>Magnoliopsida</u>

Order: <u>Laurales</u>

Family: <u>Lauraceae</u>

Genus: <u>Cinnamomum</u>

Species: *C. zeylanicum* 

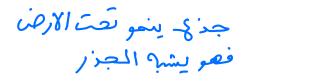
#### الصيفصياف

للأسبرين قصة طويلة بدأت عندما استخدم الطبيب الإغريقي أبقراط مستخلص لحاء شجرة الصفصاف لتسكين الآلام حيث يحتوي لحاء الصفصاف على مادة الساليسيلين الفعالة في تسكين الآتم. وقد سميت هذه المادة بهذا الإسم نسبة إلى الجنس النباتي ساليكس وهو الجنس الذي ينتمي إاله نبات الصفصاف. ويوجد مركب آخر م ابه لمادة الساليسيلين هو مركب ميثيل الساليسيلات الذي يتواجد في النباتات التي تنتمي إلى نوع الجولثيريا في زيت الوينترجرين. أمّا بالنسبة لعقار الأسبرين فقد قام بتصنيعه عالم ألماني يعمل ادى شركة باير، وهو من أطلق عليه اسم الأسبيرين وهنال طريقتان لتصنيع الأسبرين أو الأستيل ستصنيعه عالم المانيسيلات، إمّا من مادة الساليسيلين أو أو من مادة الميثيل ساليساتت

Salicylic acid

Active form

Acetyl Salicylic acid (Aspirin)



### F) Roots & Rhizomes

## Rhizome is horizontal stem growing under or sub soil surface.

| Common name       | Arabic name | Binomial name            | Family         |
|-------------------|-------------|--------------------------|----------------|
| Ginger root       | الزنجبيل    | Zingiber<br>officinale   | Zingiberaceae. |
| Ginseng root      | الجنسنغ     | Panax ginseng<br>(Asian) | Araliaceae     |
| Rhubab<br>rhizome | الراوند     | Rheum<br>officinale      | Rubaceae       |

## Ginger (Zingiber officinale)

- from the rhizome
- Over 12 compounds with antioxidant activities greater than vitamin E
- anti-tumor

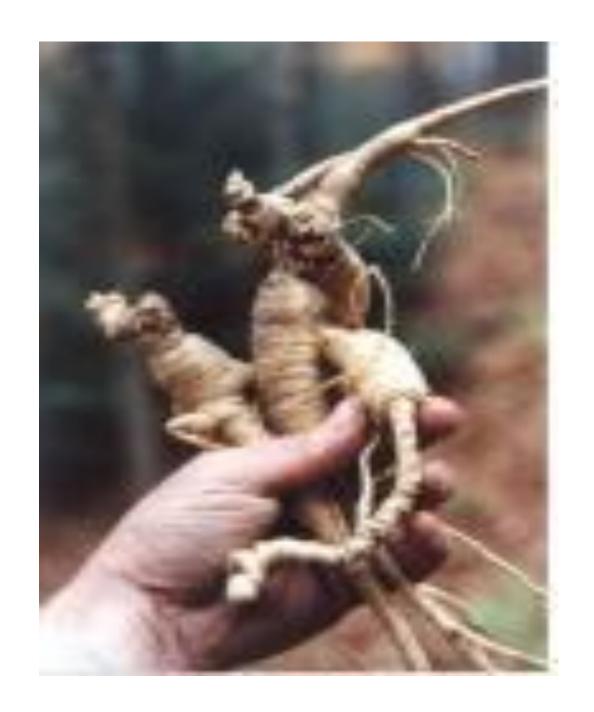
مضاد للاستفراغ

anti-emetic (inhibits vomiting)



### Ginseng

- The roots of the herbaceous plants *Panax ginseng* (Araliaceae)
- Indogenous to China, Korea and Russia,
- Panax species have been widely used for the treatment of a number of diseases, including anaemia, diabetes, gastritis, insomnia, and sexual impotence, and as a general restorative.





- The dried and usually peeled root provides white ginseng, whereas red ginseng is obtained by steaming the root, this process generating a reddish-brown caramel-like colour.
- Ginseng is classified as an 'adaptogen', helping the body to adapt to stress, improving energy and concentration, and providing a normalizing and restorative effect. It is also widely promoted as an aphrodisiac.

• Long-term use of ginseng can lead to symptoms similar to those of corticosteroid poisoning, including hypertension, nervousness and sleeplessness in some subjects, yet hypotension and tranquillizing effects in others.

- It contains a large number of triterpenoid saponins based on the <u>dammarane</u> subgroup, saponins that have been termed <u>ginsenosides</u>, or <u>panaxo-sides</u>.
- These are derivatives of two main aglycones, protopanaxadiol and protopanaxatriol, though the aglycones liberated on acid hydrolysis are panaxadiol and panaxatriol respectively.

### **Actions and Uses**

- Ginseng has been found to:
- protect the body & nervous system from stress adaptogen
- stimulate & increase metabolic function restorative
- increase physical & mental efficiency
- lower blood pressure & glucose levels when they are high, and raise them (blood pressure & glucose levels) when they are low. المناعلاة على المناعلى المناعلات المناع
- The German Commission E approved ginseng as a tonic for fortification in times of fatigue and debility or declining capacity for work and concentration. Also approved ginseng for use during convales central convales convales central convales central central convales central c