

- Nonselective β blockers act at both β_1 and β_2 receptors.
- whereas cardio selective β antagonists primarily block $\beta 1$ receptors
- They do not induce postural hypotension
- Clinically important class with various therapeutic uses.

- I. HTN
- II. Angina
- III. MI
- IV. CHF
- V. Cardiac Arrhythmias
- VI. Glaucoma
- VII. Migraine prophylaxis

Propranolol

- A nonselective β antagonist
- The prototype β -adrenergic antagonist and blocks both $\beta 1$ and $\beta 2$ receptors with equal affinity
- SR allowed once daily dosing

Effects: of Propranalol

- Cardiovascular:
- β1 inhibition leads to:
- 1. Decrease in Cardiac output & Work
- 2. Decrease in O2 consumption
- **Decrease cardiac output (negative chronotropic & inotropic effects)
- Supress SA & AV node
- Bradycardia

- In HTN the TPR returns to normal
- No Postural Hypotension

❖Bronchoconstriction**:

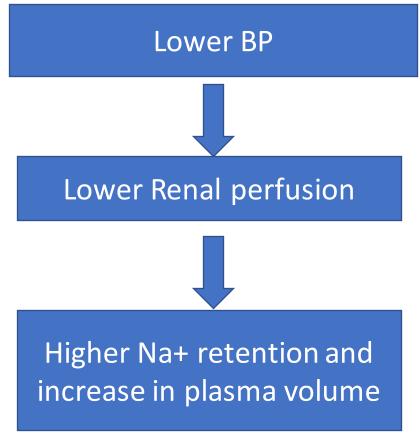
- Blocking β_2 receptors in the lungs of susceptible patients causes contraction of the bronchiolar smooth muscle.

Caution on COPD & Asthma patients.

- Instead use selective β_1 blockers.

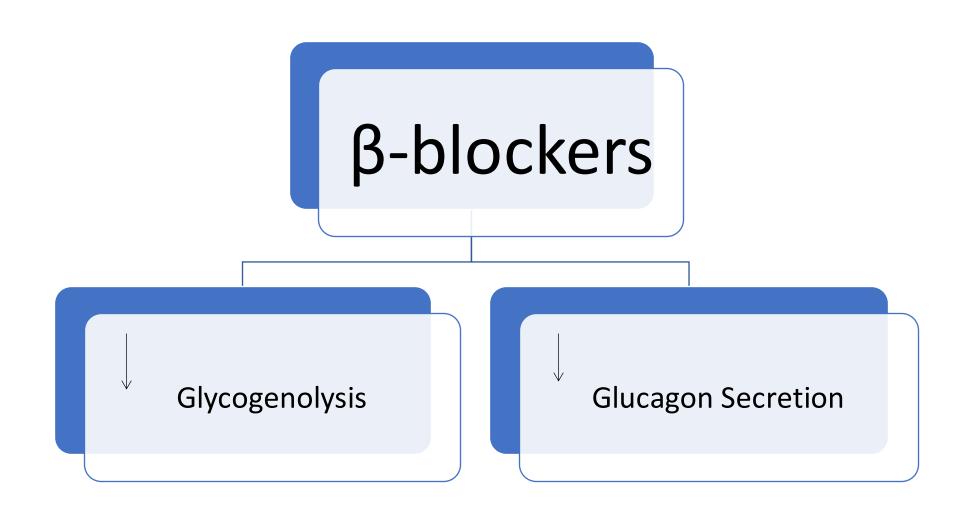
Other effects of Propranalol

Increased Na+ retention:



Many Beta blockers are administered with diuretics to prevent Na+ retention

Disturbances in glucose metabolism associated with Propranalol



Pharmacokinetics

- ✓ Propranalol is completely absorbed oraly
- ✓ 25% of the dose is BA (hight 1st pass effect)
- ✓ Cross BBB , high Vd

Therapeutic effects

- ✓ HTN:
 - via CO (mainly) & Renin production
- ✓ Migraine :
- ✓ Angina pectoris and MI
- √ Hyperthyrodism

Adverse effects of Propranalol (Inderal)

- I. Bronchospasm
- II. Arrhythmias
- III. Sexual impairment
- IV. Metabolic disturbances
- V. Depression, dizziness, lethargy, fatigue, weakness, visualdisturbances, hallucinations

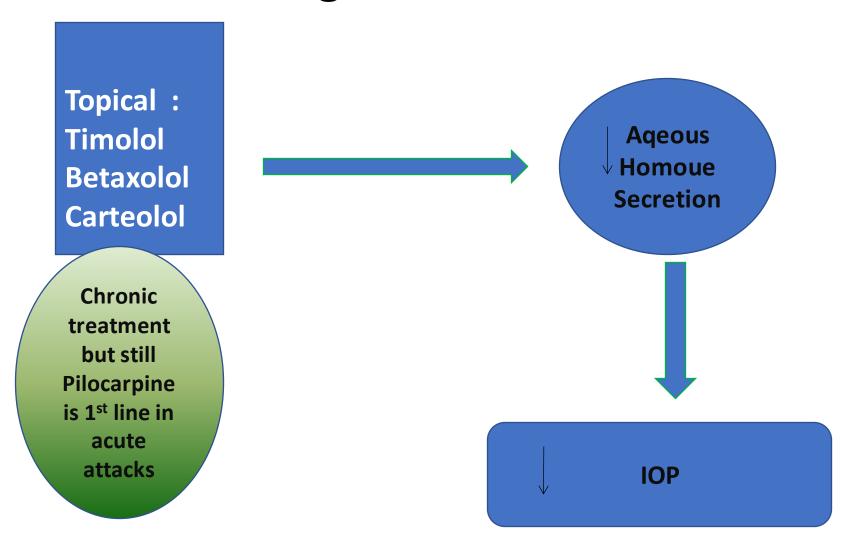
D-D/I

- ** <u>Enzyme Inhibitors</u>:cimetidine, fluoxetine, paroxetine, and ritonavir, may potentiate its antihypertensive effects
- ** Enzyme Inducers :such asbarbiturates, phenytoin, and rifampin, can decrease its effects.

Timolol and nadolol

- Non-selective β-Antagonists
- Block β1- and β2- adrenoceptors and are more potent than *propranolol*
- Nodalol has long half life
- Timolol used in open- angle glaucoma

Treatment of glaucoma



Selective $\beta 1$ antagonists

- Acebutolol
- Atenolol
- Metoprolol
- Bisoprolol
- Betaxolol
- Nebivolol,
- Esmolol

- Drugs that preferentially block the $\beta1$ receptors have been developed to eliminate the unwanted bronchoconstrictor effect ($\beta2$ effect) of *propranolol* seen among asthma patients.
- Lower Dose is required 50-10 fold less than nonselective beta blockers

Selective β1 antagonists

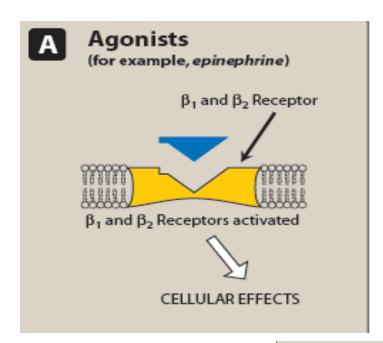
- Lower blood pressure in hypertension
- > Esmolol has a very short lifetime IV
- ➤ Cardioselective b blockers are useful in diabetic hypertensive patients who are receiving *insulin or oral hypoglycemic* agents.
- ➤ Also safe in Asthma & COPD patients

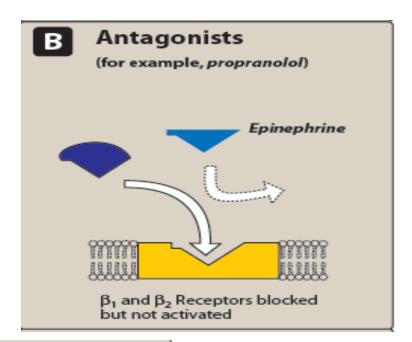
Antagonists with partial agonist activity

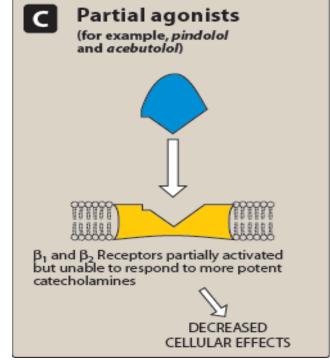
Pindolol (Non selective β-Antagonist)

Acebutol (Selective β1- Antagonist)

- -Not Pure Antagonists,
- -Also posses weak agonist activity ISA
- -Prevent potent stimulants from acting
- -Also less metabolic disturbances compared to full antagonists
- -Effective in hypertensive patients with moderate bradycardia







Antagonists of both α and β adrenoceptors

Labetalol and Carvedilol

• Non-selective β - blockers with concurrent $\alpha 1$ -blocking actions that produce *peripheral vasodilation**, thereby reducing blood pressure.

Therapeutic use in hypertension and heart failure

- *Labetalol* is useful for:
- ✓ Elderly or black hypertensive patient
- ✓ Alternative to Methyldopa in pregnancy-induced HTN
- ✓ IV administration in ER, fast onset
- <u>Carvedilol</u> also used to prevent cardiovascular mortalities in patients with stable chronic heart failure
- \diamondsuit Orthostatic hypotension and dizziness are associated with $\alpha 1$ blockade

DRUGS AFFECTING NEUROTRANSMITTER RELEASE OR UPTAKE

• Historical value, seldom use

Reserpine

- A plant alkaloid
- Blocks the Mg2+/adenosine triphosphate—dependent transport of biogenic amines, (Norepinephrine, Dopamine, and Serotonin) from the cytoplasm into storage vesicles in the adrenergic nerves of all body tissues.
- Decreases NE release and impairement in SNS
- Slow onset of action, long duration
- Old anti HTN medication

Guanethidine

- □Blocks the release of stored norepinephrine as well as displaces norepinephrine from storage vesicles (thus producing a transient increase in blood pressure)
- ☐ Leads to NE depletion peripherally
- ☐ causes Orthostatic Hypotension

• End of unit II regarding ANS drugs!!!!!!!